

Willingham News

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MAY 2020

In this month's issue:

What's Been Going On in Willingham? – photos of what the children have been up to around the village

Willingham♥Hub – what is it and how is it helping?

Life in Lockdown – your stories of survival

VE Day 75th Anniversary – how shall we celebrate it?

Extra Puzzles and Quizzes for young and old



Rainbow design by Juliet aged 6

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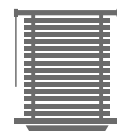
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Currently *Willingham News* is only available online; paper copies have been suspended for the time being. This is the only way we can protect our volunteer delivery team from the current health risk. Please spread the word to your village friends and neighbours and tell them where to find *Willingham News* and that it is thriving in these difficult times. With exclusively online presence come new opportunities to provide more colour, more activities and, we hope, to engage with a new audience. We now have an Instagram presence so you can check us out on that too.

Now, more than ever, we rely on articles submitted by you. As events are cancelled or suspended, we need your stories and pictures to entertain us and raise our spirits. Now is the time to share your thoughts and ideas, poems, stories, blogs and vlogs to amuse, inform and interest fellow residents.

Willingham News is a subsidiary of Willingham News Ltd and is edited by volunteers. We do our best to ensure the accuracy of the content of the submissions but this cannot be guaranteed. We reserve the right to edit or omit articles at our discretion. The views expressed in readers' letters are not necessarily those of the editorial team. Send your contributions to willinghamnews@gmail.com as an email attachment of up to 250 words (no pdfs) to arrive before the monthly deadline.

The Editorial Team comprises: Liz Cosford, Jane Dowle, Wendy Law, Frances Watts, James Watts and Trevor Weston.

The deadline for your contributions is extended to 15th of each month while *Willingham News* is available online only.

Bin Collections – Normally Fridays but note changes below

Friday 1 May – Blue Monday 11 May – Black
Saturday 16 May – Blue and Green
Friday 22 May – Black Saturday 30 May – Blue

**Note green bin collection currently limited to once a month.
Please refer to: scams.gov.uk/bins for the latest information.**

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PLEASE NOTE:

Back issues of *Willingham News* from October 2005 to the present (with the exception of March 2006) are now available on the Willingham Life website run by WAG:
www.willinghamlife.org/page/willingham-magazine-back-issues

Advertising

We would like to thank all our advertisers for their continued support during these difficult times. It's due to them that *Willingham News* is able to serve the village. Please continue to support our local businesses now and in the future when restrictions are lifted.

Advertising is sold on an annual basis for an insert into 12 issues beginning in January. Send any advertising queries or copy to: advertising.wnews@yahoo.co.uk, marking your e-mails Adverts. The *Willingham News* team wishes to thank all the advertisers for their support and interest. They play a vital role in maintaining this publication and also in our community as local businesses supplying goods and services. If you contact an advertiser, please mention that you saw their advertisement in *Willingham News*. Thank you all very much.

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The rainbows you can find throughout the magazine were created by Oliver aged 10.

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How to turn your community Facebook page into a lean mean pandemic fighting machine

WILLINGHAM HUB

Preparing the Ground

Willingham Village Facebook Page began its life in March 2014, set up by a villager who wanted to give the community an online presence and a rallying point if we ever faced significant challenges. While crime and heavy traffic were high on the list of concerns, few would have thought we'd be facing the fight of our lives, quite literally. In early February of this year, the Willingham Village Facebook Page administration team recognised the need to alert the village to the threat posed by the emerging coronavirus outbreak. They challenged the idea that COVID-19 was 'just like the flu'.

As events rapidly unfolded, it was increasingly evident the country was facing a long and difficult road ahead. Willingham needed a practical response in the form of grassroots action to support those in our community who may need help, and so the idea for the Willingham♥Hub was born. There was a lot to do in a limited amount of time. The administration team asked the community to be patient and prepare; to stock up, but not stockpile. The pressure mounted, but the administrators recognised how important it was to build something that was resilient and sustainable. They burned the midnight oil to produce the necessary guidelines and operational content for the ♥Hub. Every detail was discussed and all eventualities considered, in particular the need to minimise the risks associated with a highly contagious virus.

How Does the Willingham♥Hub Work?

Willingham was divided into ten zones, with a similar population density in each. Each zone was designated two Reps (also known as coordinators), who share responsibility. Since not everyone in the village is on Facebook, an army of distributors delivered ♥Hub leaflets to over 1,900 households, including the outlying farms, providing information and contact telephone numbers. Efforts are currently being made to reach out to Willingham's traveller community to offer them support should they need it. To ensure the contact telephone numbers provided on the leaflets never change, it was vital to have dedicated phones. The administration team reached out to Willingham Parish Council for support and the Emergency Committee released the funds necessary to purchase 20 basic mobile phones on a month-to-month contract.

The Willingham♥Hub uses Facebook as an online communication network. Zone Reps issue a task and Members volunteer to carry out the task in accordance with the guidelines. Reps and Members are recruited via the Willingham Village Facebook Page. All volunteers are asked to provide ID. Whilst the role of Zone Rep is open to everyone, including those who are self-isolating, it is vital

that Members are not in an 'at risk' group, so they can carry out practical tasks such as shopping, picking up prescriptions and other errands. Volunteers are encouraged to help in their home zone to draw upon local knowledge and build rapport with villagers they may assist on a regular basis. New relationships are already being forged, as well as friendships that cross the generations and will no doubt extend beyond the pandemic. While most people the ♥Hub will help are self-isolating in accordance with the government's latest criteria, each and every one of us might need support should we have to self-isolate and have no family or friends to help.

I just wanted to say a big thank you to the ♥Hub for providing a great service by shopping for me. It is much more than just supplies - it makes me feel looked after and much more hopeful about the world.

ANNE, WILLINGHAM

Younger Generation Stepping Forward

When the Government asked those aged over 70 to self-isolate to protect their health, almost overnight, many of our most valued community members were forced to step back from active involvement in village life. In their place, Willingham's younger generation stepped forward. This is truly a testament to community spirit; proof that it is not only alive and well, but thriving on social media. Organising a grassroots response would not have been possible without the 2,500 villagers, most of whom live in Willingham, who follow and actively engage with the Willingham Village Facebook Page; pretty impressive for a village with a population of just over 4,000.

Part of a Wider Network

Willingham♥Hub doesn't exist in isolation; is part of a wider coronavirus response network involving the Parish Council, the District Council, the County Council, as well as local agencies, including Willingham Primary School, Willingham Medical Practice, Willingham Pharmacy and Over Day Centre. Strategic meetings are held online on a regular basis to ensure all thinking is joined up, problems raised and solutions identified. New talent is constantly being identified and invited to join the ♥Hub as it adapts

and responds to the ever-changing situation. The ♥Hub also liaises with neighbouring community groups to share ideas and learn from each other's experiences. With the support of Willingham Action Group and the Fen Edge Community Association, an online payment system was set up. Along with cash payments and prepaid cards, the new payment system allows villagers to transfer funds into an online account, from which volunteers are then reimbursed for any shopping carried out.

An Alliance of Optimism and Energy

There are now over 100 people involved in the ♥Hub: the Willingham Village administration team who manage the ♥Hub; the Zone Reps who communicate with the community and coordinate actions to support those in need; and the army of Members who bravely venture out on a daily basis to perform life-sustaining tasks for their fellow villagers. It is this alliance of positive optimism and practical energy that will ensure no one in Willingham is left behind as we battle against the challenges brought by coronavirus. The ♥Hub is made up of volunteers born and bred in Willingham, and those from other parts of the country and the world who have made the village their home. What unites all of them is neighbourly love found in an age-old sense of community, but now forged in the age of social media.

If you want to join the community fightback against COVID-19, please visit Willingham Village Facebook page for more details.

If you need help, either contact the Willingham Village

*Just spoke to dad, he can't praise
what u r doing highly enough. He's
getting shopping delivered and feels
very well looked after! Pls pass my
thx to your wonderful network of
♥ Hub volunteers. x*

SAL, LEEDS

Facebook page or send an email to willinghamlovehub@gmail.com and you will be directed to your relevant Zone Reps.

Willingham Village Facebook Page administration team would like to thank the following individuals for their support and help: Henry Audley-Charles, David Clarke, Coop Member Pioneer Stacey Fullicks, Councillor Bill Handley, Paul Knighton, Mandy Powell, Halina Szulakowska and Mike Tidball. Special thanks go to all those who volunteered to join the Willingham ♥Hub as Zone Reps and Members – the people who put the ♥ in the Hub!



Neighbourhood Watch

willinghamnhw@outlook.com

In these uncertain times, please be even more vigilant and aware of potential scams. ActionFraud, the national reporting centre for

fraud and computing crime, has noted a huge increase in coronavirus-related fraud over the last month, including the ordering and buying of face masks and hand sanitiser online from companies that don't exist.

Two recent scams have been reported to us by local residents. One was in the form of a text message that claimed it was from hmrc.gov.uk with the following message:

'The government has taken urgent action to list coronavirus as a notifiable disease in law. As a result of this they are issuing a new tax refund programme. You are eligible for a refund of..... Access your fund now.'

Emails, text messages and instant messages such as this one are a scam. Do not click on blue or any colour links within electronic messages unless you have verified who the sender is. If in doubt, don't click. Links are just a shortcut to a website. Instead, you could consider logging into the account the message refers to, using your usual

method. So, if the message appears to be from HMRC and you do actually have an HMRC account, then come out of your email account and visit www.gov.uk and log in that way rather than clicking on a link. If you don't have an HMRC account then be very suspicious and ignore it.

Another contact reported receiving a phone call from a landline claiming to be from the phone network O2 offering help with cash for small businesses in the local area during the COVID-19 crisis. The scammer asked our contact if they were available for some equipment to be fitted in their home to allow easy access to emergency services at a cost of only £1. Our contact said no and hung up. A suspect can make their telephone number look like any number they like; it's called 'spoofing'. Don't trust the number displayed on your phone until you have verified it through other tried, tested and trusted means.

For local resources to help protect yourself, family and friends from fraud visit the CAPASP (Cambridgeshire and Peterborough Against Scams Partnership) website at: www.cambridgeshireinsight.org.uk/capasp.

Also visit Action Fraud at: www.actionfraud.police.uk.

What's Been Going On in Willingham?

Oliver and George creating their exercise circuit in Short Lane

Mum, Amanda, says: 'A couple of days ago my boys created a chalk obstacle course down Short Lane on the road. I was there to check for safety! This helps give people something a little more interesting to do when they go for their daily exercise. It was fun watching kids and adults now and then doing star jumps and spins outside our window and we would give them a wave and a cheer. Here are Oliver and George testing it out.'



Oliver and George trying out the exercise circuit



Joshua and Izzie trying out the exercise circuit



Dominic and Elliot clapping for the NHS

Butterflies and wish jars created by Juliet and Sofia

Mum, Imelda, says: 'We made these jars and decorated them and we fill them with things the girls wish to do when this is all over, like see my friends again, go to Center Parks, go to soft play etc.'



Sandpipers created by Sophie (with a bit of help from Dad)

Harrison with his rainbow



Easter window by the Kirk family

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Food Rations During World War Two

In the current climate of food shortages this is just to remind people of the last time there were major problems shopping. Looking at these rations, I can't imagine how my mother managed to feed us. People found novel ways to make the allocation stretch. For example, some friends of ours used to drain the tea from the leaves and heat it up again next time they wanted a cuppa. One time, when I had friends round, Mollie, who was living with us then, scrambled an egg and spread it thinly on five pieces of toast. My friends' mothers were flabbergasted when their daughters told them that they had had scrambled egg for tea. This is the weekly allowance for one adult.

Bacon and ham	4 ounces
Other meat	Value of 1s/2d (just over 5p) equivalent of two chops
Butter	2 ounces
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Margarine	4 ounces
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Preserves	1 lb every two months
Tea	2 ounces
Sweets	12 ounces every four weeks
1 fresh egg and an allowance of dried egg	

(Chicken and rabbit were not rationed but chicken was then a luxury dish. I had a lot of rabbit pie during the war years.)

Anne Kirkman



Life in Lockdown

Like many parents, the prospect of weeks or possibly even months at home with my children filled me with dread. 'We'll get through this,' we said with gritted teeth and a nervous laugh. All we need is wine.

Until recently, keeping my kids busy had consisted mainly of outsourcing the entertainment; too tired to deliver it myself. Let's visit friends, go to soft play, the park, the library, a cafe, Tesco, a party to go to – great!

But now there's nowhere to go, no one to see and nothing to do outside the home. To my surprise, this has been very refreshing. No alarm clock, no work, no commute, no school run, no lunchboxes, no visitors etc. We can play as many games as they like, for as long as they like and they love it! And actually, so do I. We've played the card game Old Maid so often that even the old maid is looking more haggard than usual, and my three-year-old has skills of dealing and shuffling cards that match those of a professional croupier.

OLD WILLINGHAM



In years past, with open fires and thatched roofs, fire was an ever-present danger. Many buildings along Church Street were lost to fire before improvements in safety in the early 20th century. In this month's picture we see a bewildered group of onlookers staring at the smouldering remains of the shop on the corner of Long Lane, which is now 'One Stop'. The present building was built in 1910 so we might guess this picture is 1909. There was a hand-operated water pump wagon, kept in a garage on the village green for such emergencies, but evidently this was not sufficient to save the shop.

See more photos at www.oldwillingham.com. If you have stories or memories about this picture, please contact Jon Edney, 31 High Street or oldwill@oldwillingham.com.

Jon Edney

Don't get me wrong, time to myself is still much valued and if they're playing together nicely, I'm not going to break up the fun and insist we crack on with home-schooling. Instead, I try not to make eye contact and hide in the kitchen until they realise I'm missing. And I've discovered that hide 'n' seek is by far the best way to get things done. Believe me, you can achieve a lot when counting very slowly to 10. Equally, household tasks can be accomplished quite effectively if you choose the right hiding spot. So far this week, I've managed 10 seconds of washing-up and had 20 seconds, the time it took them to find me, to clean the bathroom.

So, the house may be a mess, but on we go, in this weird, unfamiliar world of home-schooling and where toilet roll crafts are a daily necessity. We're doing just fine. Now where did I put my wine?

Mel Pinter

District Councillors' Report

Financial Help for Local Businesses Affected by COVID-19

SCDC is the conduit for government grants for local businesses and has already started to distribute funding. The Small Business Grant and The Retail, Hospitality and Leisure Grant Funds provide grants to businesses that qualify and could provide a lifeline for them in these difficult times. We estimate that around 1,700 businesses in the district are eligible for one of the grants. More details are available here: tinyurl.com/uqnsxc7 Links can be found on the site to a newsletter for businesses to which I would recommend all our small businesses subscribe.

Coronavirus Volunteer Response

We are proud to be working closely with the volunteers of the Willingham♥Hub, willinghamlovehub@gmail.com, who are doing a great job of helping the vulnerable people in the village during the coronavirus emergency. The release of data from authorities, including the NHS, to allow the volunteers to operate effectively is being carefully controlled and, as Data Controllers for Willingham, we have been concentrating on contacting people on the 'shielded' list (those isolating for at least 12 weeks with certain medical conditions that would make a coronavirus infection particularly serious). At the time of writing, we have spoken with most of these people and we have been heartened to find that all have arrangements in place with family, friends or the volunteers to ensure that they have food and other essentials.

Patch Officers

Most council officers are working from home and many have been reassigned to work on areas related to the coronavirus. A number of 'Patch Officers' have been appointed to provide links between the numerous volunteer groups that have sprung up all across the district; they make sure that the ideas and best practices of groups are made available to others and connect the local efforts with those of the County Council and other

government agencies.

Remote Council Meetings

The government has temporarily removed the legal requirement for local authorities to hold public meetings in person during the coronavirus pandemic. This allows local councils to return to the operation of a local democratic authority albeit via video link or telephone. The need for social isolation has meant that meetings could not be held and the interruption to the democratic process means that a number of services could not operate as normal and the Planning Committee, which takes decisions on large developments and contentious smaller ones, has been particularly badly hit. Parish Councils have also been affected by this problem.

Green Bin Service

Early in the coronavirus outbreak it became necessary to suspend the green bin collection. This was because, early in the outbreak, the Shared Waste Service suffered the loss of a high number (30%) of staff, either to sickness or self-isolation. The need for a social isolation of two metres also affected operations. The cabs of our refuse collection vehicles are over two metres wide, but they normally carry a crew of a driver and two loaders. To ensure the two metres distancing, and to comply with national guidance, the crew has had to be reduced to a driver plus one loader which means more vehicles are needed on any collection route and since the collection of black-bin waste is a statutory obligation it was the green bin service that had to be suspended. Bin collections are in the same box as dog poo when it comes to resident engagement and we have had to deal with many complaints but, thankfully, most people have now accepted the need to do this and have created new compost heaps! We hope very much to be able to re-establish the green bin service as soon as it is possible to do so.

*Cllr Dawn Percival and Cllr Bill Handley 01954 200287
cllr.handley@scams.gov.uk*

Willingham Women's Institute

Due to the coronavirus pandemic, all WI meetings are cancelled until further notice. If you wish to contact us, please email willinghamwi28@gmail.com.

Be assured the WI will keep marching on!

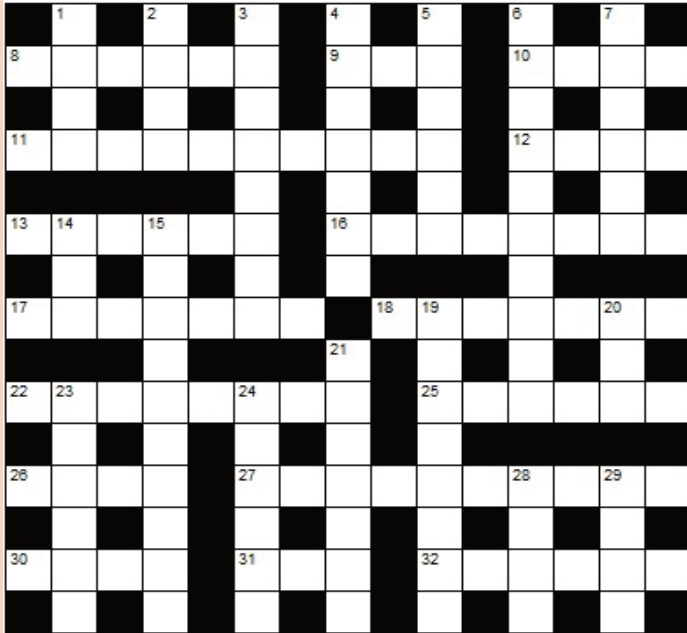


Puzzle Pages

Here are a few more puzzles than usual to keep you busy. Print off the page if you want to do the crosswords and sudoku. All answers are on page 24. Puzzles for younger readers are on page 16.

Sweet Dreams by Naxos

Ten of the clues in this cryptic crossword are linked to this theme.



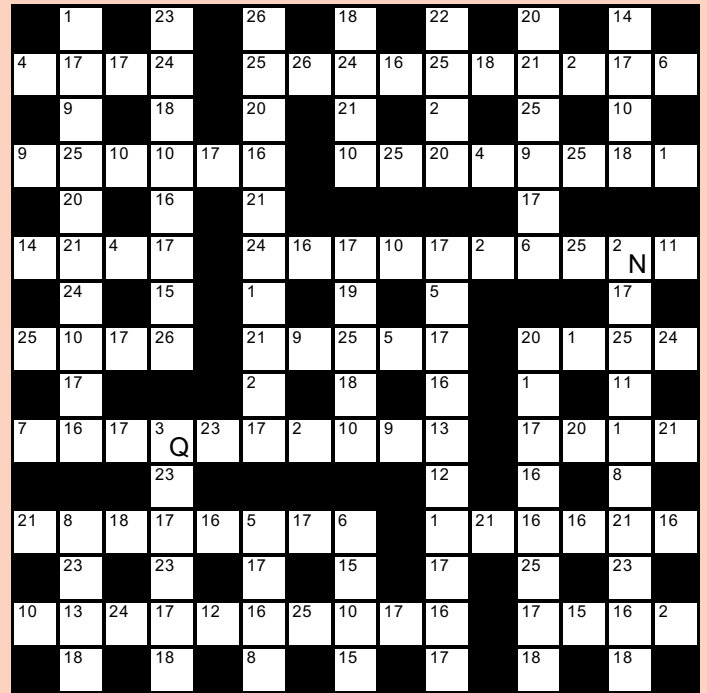
Across

- 8 Cracker so good they named it twice (6)
 9 See 17
 10 Villain loses top of claymore in castle (4)
 11 Leave dancer around neighbours – that'll shut her up (10)
 12 Dodgy rabbit with shaved head (4)
 13 Softly, softly, round the edge of half-pint (6)
 16 Shortage in a place like Leamington, we hear (8)
 17, 9 and 31 Terrible call going back after ruining her best powder pack (7, 3, 3)
 18 Love to record start of Yesterday – a treat meant for the ears, you say (7)
 22 Acrobat performs somersaults – nothing lost that is otherwise gained – for tiny visitors (8)
 25 Mr Ant comes back with setter to find Mrs French (6)
 26 Repeat order of paper from the North (4)
 27 Holds something white to squeeze out courage (4, 6)
 30 Drink found in percolator, also goes with 27 part 2 (4)
 31 See 17
 32 Capone surrounded by those showing timidity in place of spite (6)

Down

- 1 Train-mad (4)
 2 Bird found inside crib I sold to hotel (4)
 3 Boutros Boutros and Kofi, for example, take 1 from 1 (8)
 4 Fatty to swim with nothing on in rough sea (7)
 5 Up river twice on the peninsula (6)
 6 Course results a boy pursues – chew on that (5, 5)
 7 Baptism gift middle incomes find suitable (6)
 14 Title of handbook's recommended hotels in capitals (1,1,1)
 15 Crazy amount of food stored in messy lair (10)
 19 Dessert using herb, we hear, instead of chocolate, for spectacular result in the future (4, 4)
 20 Wine or fruit cup overturned (3)
 21 Australian resident finds party back in street (7)
 23 An endless series of notes can become a drag (6)
 24 Cure last of ham, piping on the outside (6)
 28 Hat – you'd need more than one to go on for a night out (4)
 29 Delicate fabric, maybe strawberry, to go with your Dr Martens (4)

Codeword by Willow



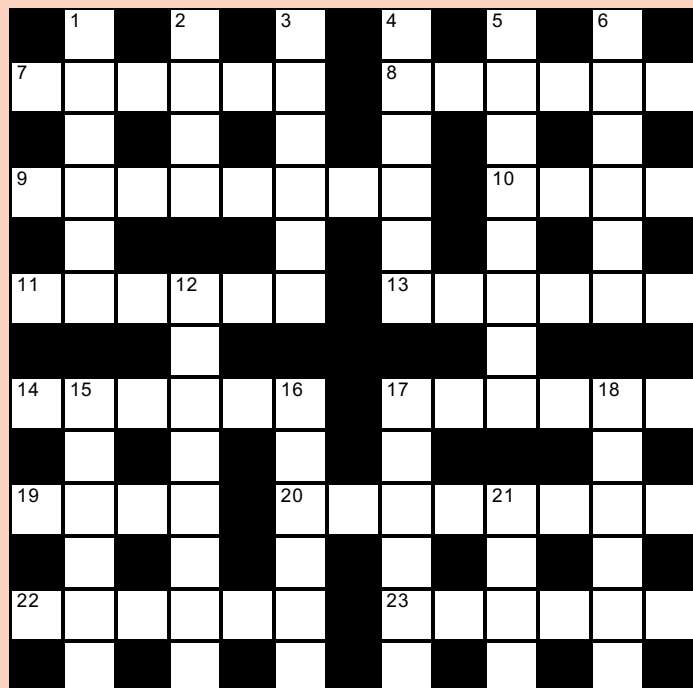
A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

1	2	3	4	5	6	7	8	9	10	11	12	13
	N	Q										
14	15	16	17	18	19	20	21	22	23	24	25	26

Sudoku

	3		4		2	6		
		6		5		3	9	7
		5				2		
	4				3			
6				2				
9					5		1	
				9	1		3	
		4		6		5		9
		2						

Quick Crossword by Willow



Across

- 7 Outdoor 21 (6)
8 Style of pronunciation (6)
9 Three goals by the same player (3,5)
10 A naming word (4)
11 Think highly of (6)
13 Make a bit wet (6)
14 What's left after everything's paid for (6)
17 Silver medal position (6)
19 Metal (4)
20 You can't make this without breaking eggs (8)
22 Peaceful (6)
23 Ambush (6)

Down

- 1 Harry Potter's a famous one (6)
2 Granny or reef perhaps (4)
3 Busy (6)
4 Fired (6)
5 Financially worthwhile (8)
6 Last (6)
12 Contaminated (8)
15 Put up (6)
16 Small garden tool (6)
17 Children's play apparatus (6)
18 Sign (6)
21 Has a meal (4)

Book Quiz

A few place names this time where we may like to visit – when we get the chance! Can you identify the authors?

- 1 *A Passage to India*
- 2 *Out of Africa*
- 3 *A Bear Called Paddington*
- 4 *The Hitchhiker's Guide to the Galaxy*
- 5 *Salem's Lot*
- 6 *Paris for One and Other Stories*
- 7 *Digging to America*
- 8 *Brighton Rock*
- 9 *The Guernsey Literary & Potato Peel Pie Society*
- 10 *Small Island*

Christine Lacey

My Top Five Books

Now is a good time to catch up on your reading. We asked the *Willingham News* editors to recommend their five favourite books. Here's the list from the first of them. We'll keep this going for a while so do send in your own top five reads with a sentence to describe why you would recommend each one. Send your list to willinghamnews@gmail.com by 15th of the month.

Chosen by Liz Cosford:

1 *The Geneva Trap*, Stella Rimington

A spy thriller. Author worked in MI5 and in 1992 was appointed Director General so is well qualified in espionage.

2 *Winter in Madrid*, CJ Sansom

A spy story set just after the Spanish Civil War in 1940.

3 *The House at Riverton*, Kate Morton

If you enjoyed watching *Downton Abbey* you will enjoy this. The setting is a grand English country house and the novel moves backwards and forwards between 1914–1924 and 1999.

4 *Shadow of the Wind*, Carlos Ruiz Zafron

This historical fiction thriller is set in Barcelona post the Spanish Civil War.

5 *Into the Darkest Corner*, Elizabeth Haynes

Full of suspense. The main character escapes a controlling relationship and finally feels safe but then four years later things change. You need to get past the first 20 to 30 pages and then you will be gripped.



A Poem for May

My mother was Queen of the May
and told me many times
about dancing around the Maypole
with happy songs and rhymes.

I like to think of all the people
who joined in on that day
and welcomed with such joy
the wonderful month of May.

Christine Lacey

FROM THE PARISH COUNCIL

www.WillinghamParishCouncil.gov.uk

Challenging Times

I hope everyone is staying well, and staying indoors. On behalf of the Parish Council I'd like to thank all the key workers in Willingham who are keeping us safe and provided for: the NHS staff and carers; everyone at the Primary School; those at the doctors' surgery and pharmacy; all at the Co-op, One Stop, Highfield Stores, Bushel Box and other supermarket staff; the Post Office workers and other delivery people; and all the behind-the-scenes workers keeping our services running and supplies flowing. A special thanks goes to the organisers of the Willingham♥Hub and all their volunteers looking after the vulnerable and isolating.

Willingham♥Hub

The Willingham♥Hub (see www.facebook.com/groups/WillinghamLoveHub/) is the initiative which is providing help and support for anybody in the village. This is being run by local volunteers, with the Parish Council providing assistance, clerical support and financial aid where required. Everybody in the village should now have received a leaflet giving contact details for their 'zone reps' who are co-ordinating the responses from volunteers. (See the article about Willingham♥Hub on page 5.)

Parish Council Meetings

Physical meetings of the Parish Council have been suspended, according to Government guidelines. There was no meeting in April, as we awaited new legislation. The 'Local Authorities and Police and Crime Panels (Coronavirus) (Flexibility of Local Authority Police and Crime Panel Meetings) (England and Wales) Regulations 2020 No 392' have now been published. The Regulations allow full Parish Council and sub-committee meetings to be held with remote access by video or audio links – provided all councillors, and members of the public who wish to, can speak and participate. Virtual meetings will commence with the May meeting. Further details will be published on the website and usual noticeboards.

The Annual Meeting of the Parish Council, where chairs and lead councillors are selected, has been cancelled for this year. Again, this is following the legal advice from the Government. All Councillors will continue in their present

posts until the next Annual Meeting in 2021.

Zero Carbon Communities Initiative

In last month's *Willingham News* our District Councillors gave some background to the District Council's response to the climate emergency and their ambitious aims for fast reductions in carbon dioxide emissions. They have embarked on several initiatives, one of which is supporting and encouraging local communities to help achieve this. Councillor Linda King joined around 70 representatives of parish councils and local green groups at the first Zero Carbon Communities (ZCC) Workshops to hear about SCDC's programme.

The workshop started with presentations setting the scene regarding the need for action, the current situation in the District, and ways of tackling the problem. One of SCDC's main ways of supporting communities is the ZCC Grants and several successful applicants then described their projects. Unfortunately, our grant application in 2019 for green heating of the Ploughman Hall was unsuccessful. We will apply again for the next round in 2020.

A 'table top' exercise to discuss ideas was very brief due to the first part overrunning. However, an important aim of the workshop was to initiate contact among the participants so that ideas, examples, lessons learned, and practical information regarding reducing carbon emissions at a local level could be shared, together with high-quality data. This has been established and it is intended that further workshops will take place, as well as informal contact. This issue and Willingham's response will be discussed at a forthcoming Parish Council meeting, but if you would like to know more before then, you can contact Linda King at the email address below.

Council Office details:

Ploughman Hall, West Fen Road, Willingham, CB24 5LP

Tel: 01954 261027

Email: clerk@willinghamparishcouncil.gov.uk

Opening hours: Monday – Wednesday, 10 am – 1 pm
(closed bank holidays)

Clerk: Mrs Mandy Powell

D Law	Parish Council Chairman	cllr.law@willinghamparishcouncil.gov.uk	01954 202188
N Harris	Planning Committee Chairman	cllr.harris@willinghamparishcouncil.gov.uk	07792 611226
P King	Parish Council Vice Chair	cllr.pking@willinghamparishcouncil.gov.uk	01954 260780
L King	Leisure & Amenities – Lead Cllr	cllr.lking@willinghamparishcouncil.gov.uk	01954 260780
R Manning	Greens & Boundaries – Lead Cllr	cllr.manning@willinghamparishcouncil.gov.uk	01954 261235
B Mansfield	Cemetery – Lead Cllr	cllr.mansfield@willinghamparishcouncil.gov.uk	01954 261540
R Tassell	Halls – Lead Cllr	cllr.tassell@willinghamparishcouncil.gov.uk	07974 673836

Part 13 – Roof Crisis – A Remarkable Solution

Reign of King James I 1603 to 1625

By 1600 the original Church roof was some 400 years old. Whether it was badly rotten, leaked badly or actually fell in, we do not know but the complete nave roof was replaced by the present magnificent double hammer beam oak roof we still see today. A set of initials with the date 1613 carved on it suggests that this was the date it was fitted. It is believed that the roof had been made around 1450 for Barnwell Priory in Cambridge and transported to Willingham some 150 years later after the Priory was destroyed. It would be fascinating to know what part the Rector, Dr William Smith, played in this, as

carved. In 1998, a detailed roof survey could come up with nothing worse than some limited deathwatch beetle infestation in parts of it and a very small amount of wood rot. Quite a tribute to its medieval builders.

Draining the Fens

Since becoming Lord of the Manor of Willingham in 1601, Sir Miles Sandys had been steadily enclosing more land, which had led to riots and lawsuits in the village. In 1615 he turned his attention to reclaiming the highly fertile land from under the large, flooded meres. These covered a



The oak roof when floodlit (photo by Colin Brown)

it roughly coincides with the period when he was also Vice-Chancellor of the University and Provost of King's College.

Fitting a Second-Hand Roof

The new, second-hand roof was clearly difficult to fit. You can see now how some of the stem-posts hang in empty space over the clerestory windows. The sheer weight of many tons of solid oak must have presented major problems in hoisting it into position. There were no cranes, no hydraulic jacks and no lightweight scaffolding then; it would have required a great deal of ingenuity and not a little blood and sweat. An indication of the enormous weight of the new roof is the outward 'spread' of the nave walls which followed. This too can be seen today and only the insertion of steel rods during the 1894 restoration programme prevented the spread worsening. It is not clear whether any of the original wooden angels came with the roof in 1613. We know that none remained by the 1890s, when most of the present angels were

wide area and supported a significant fishing industry of 10 boats. Willingham Mere, fed by Willingham Lode, was to the north-west of what is now Earith Road, and covered no less than 380 acres in the winter, and even 80 acres in the summer. Auxmere, to the east, was smaller, only wet in the winter, and covered the area around what is now Queenholme Farm. Lower parts of the parish were frequently inundated in the winters, but by 1650, as part of the large-scale project to drain the Fens, the Bedford Level Corporation's sluice at Earith had diverted the entire flow of the Ouse from the Old West into the New Bedford river. This stopped the main cause of floods in Willingham. It also of course greatly increased the area of valuable fertile land for Sir Miles Sandys.

Alan Fawcitt

Next time: The Overthrow of the Monarchy



St Mary + All Saints

CHURCH STREET, WILLINGHAM
www.willinghamchurch.org

Church is continuing, but in a different way.

Services are being held, recorded and put online for you to be able to join in at the normal time of 11 am on Sunday, or whenever is convenient. There are also some back copies of sermons available to listen to.

To find these, please go to the website: www.5folds.org.uk/page/simons-sermon-recordings-and-bible-index

There is a section with audio recordings in it. Those beginning with MP or Easter are the service recordings, those beginning 5 are the sermons. In the document section of the resources is a list of all the sermons available.

Simon is also making CD recordings available for anyone who is not online, please let him know if anyone needs them. Please also forward your prayer requests so they can be included in our prayers.

First Steps – CANCELLED FOR NOW – but usually meets fortnightly in the Octagon. We're for all pre-school age children and their carers. We meet 10 – 11 30 am for tea and toast, play, story, song and craft. For the latest information go to: 'Willingham First Steps' on Facebook. We look forward to seeing you when we get back to normal.

Parents' Group – CANCELLED FOR NOW – a group of parents meet to explore the Christian faith on alternate Friday mornings. For more details about this, please email Hannah Overton at hannah.overton@yahoo.co.uk

Coffee Break – CANCELLED FOR NOW – Coffee in the Octagon will now be known as Coffee Break. A chance to enjoy coffee and company in the Octagon from 10 to 11 30 am on the first Saturday morning of every month, except January. Organised by the Mothers' Union.

Time for Prayer – CANCELLED FOR NOW – but is usually 9 – 9 30 am every Thursday morning in the Church. All welcome.

Please go to the church website www.5folds.org.uk for updates to see when groups and events resume.

Admin contact details:

Gillian Beal 01954 203459 or admin@5folds.org.uk

Clergy contact details:

Simon Gill 01954 230434 or simon@5folds.org.uk

Beth Cope 07720 330272 or


PioneerMinister@northstowe.church

Jenny Hill 07970 949331 or revdjennyhill@5folds.org.uk

Jan Payne 07780 674563 or jan.payne@northstowe.church



Willingham
BAPTIST CHURCH

George Street, Willingham, Cambridge CB24 5LJ
www.willinghambaptist.org and 

During this time of social distancing and self isolation, the church building may be closed and we may not be able to physically meet together, but the church is still very connected and meeting regularly, albeit online and in a different way from what we are used to!

We are so blessed that there are so many churches streaming services online on Sundays, as well as services on the TV and radio which we are able to join in with, and we are enjoying 'visiting' a range of different churches.

At our Baptist Church, we are holding regular gatherings to connect our own fellowship and have also had 'virtual pub nights' for our men's and women's groups.

If anyone would like to join us for a gathering or a pub night, please get in touch at: secretary@willinghambaptist.org or phone 01954 269538 and we can send you the information you need.

We are aware that people may be struggling or lonely in isolation, so if you want to chat, or pray with someone, please also get in touch.

Emma Launchbury
Church Secretary

Pastoral Letter

As I write this, we are about three weeks into the 'lockdown'.

I wonder what are you finding most challenging? Perhaps it is not seeing your wider family, particularly if they are unwell; perhaps it's not being able to talk to and meet up with friends; perhaps you are worried about money and how you will get through the next few months... there are many challenges...

I wonder too where are you seeing the positives? The amazing Willingham♥Hub, the online 'pub' and community gatherings, the time with family over a meal, an appreciation of the small things like the blossom on the trees or the birds singing....

When we have our securities taken away, we can be left wondering where to put our faith and trust. This can be very unsettling, causing anxiety or worry. For me, it is God that provides this security. In the bible (Matthew 7 v24-27) there is a parable about wise and foolish builders. The wise one builds their house on a rock. When the storms come their house stands firm. The foolish one builds their house on sand, and it washes away in the storms. Jesus says that his teachings are like the strong foundations. By following Jesus and obeying his teachings we will still go through the storms of life, but we know we can trust Him. My security is in God who knows, loves and cares for me. This gives me a sense of peace rather than panic, and my faith in God calms any fears.

I hope and pray you will know the peace of God at this time too.

Kathryn Wright



Young Readers' Corner

There's a bit more in *Willingham News* for young readers this month. Answers to all puzzles and quizzes are on page 24. Print off the page if you want to do the wordsearch.

The Meow Quiz

Meow for a quiz with a difference. This is inspired by Oscar doing his schoolwork at home with help from his cat. Meowzat?



Each answer contains the word 'meow'. So for 'Famous Chinese leader', for example, the answer would be 'Meow Tse Tung'. See meow you get on. You might need help from a grown-up every meow and then.

- 1 X-Factor judge
- 2 Henry VIII's fifth wife
- 3 Party CD
- 4 Founder of boy scout movement
- 5 Greeting
- 6 Make-up in a compact
- 7 Sang 'Life on Mars?'
- 8 Harmonica
- 9 Robin Williams character who dresses as a woman
- 10 Common weed in the hedgerow
- 11 Where the PM lives
- 12 Part of make-up kit for above the eyes
- 13 US stock market index
- 14 Sang about a dead skunk in the middle of the road
- 15 Phrase in elocution lesson

Sweet Quiz

This quiz has the same theme as the crossword on page 11. See if you can name the sweets from these rather strange descriptions:

- 1 Travelling crockery (6, 7)
- 2 Found in a crate (4, 7)
- 3 Could be dessert (7, 3, 7)
- 4 Shellfish (7)
- 5 Frothy and mad (4, 7)
- 6 New ball falls from the sky (6, 5)
- 7 Giggles at ladies' underwear (8)
- 8 Fond of a suit (4, 6)
- 9 Part of the ear is gluey (10)
- 10 Explosion in the night sky (9)
- 11 Good for a snack in the park (6)
- 12 Pub on neighbouring planet (4, 3)

Wordsearch/Scavenger Hunt

This is a wordsearch with a difference. In the grid you will find 10 items that you might come across in a garden or on a walk in the countryside. First identify the 10 items in the grid. You might like to write them down in a list. Then find an example of each of the 10 items. You could do this as a race if someone else in your family wants to join in. The first person to find all 10 items in the shortest time is the winner. Let us know how long it took you to find all the items and you may be declared the fastest scavenger hunter in the village! We will need photographic evidence of your haul of course. Send your photo and your time to: willinghamnews@gmail.com.





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District Nurse Team: 01223 726469 Option 2 Health Visitors: 0300 029 50 50

Out of hours cover: Ring 111 Website: www.willinghammedicalpractice.nhs.uk

COVID-19

The information in this publication is correct as of the time of writing on 14 April. The most recent updates will always be published on the Practice website: www.willinghammedicalpractice.nhs.uk.

Surgery Appointments

Please be advised your GP surgery is still open for telephone advice in the normal way. The GPs are triaging all patients presenting with any urgent medical problem, not just those relating to COVID-19. Please only attend the surgery if you have been invited by the GP/Nurse practitioner.

Medication reviews, essential follow-up and other queries will be managed via telephone consultation with a GP or via a video consultation where possible. Please be aware the GP will only try to call you once, and should you miss the call you will need to reschedule your appointment for a later date.

If your query is in relation to COVID-19 please visit NHS 111 online in the first instance.

Cancellation of Services

The following services have also currently been suspended at the practice:

- Chiropody
- Specsavers Hearing Clinic
- Citizens Advice Bureau
- Diabetic Eye Screening have also cancelled their appointments at present and will be contacting patients directly with information.

Hospital Referrals

Due to coronavirus, the hospital has postponed all non-essential outpatient appointments, planned procedures and operations until further notice. This is currently expected to be for at least three months.

Patients will be informed by the hospital if there are any changes to pre-booked appointments. We appreciate that patients will be disappointed and concerned. Patients will automatically be re-referred once normal service resumes, and there is no need to speak with the GP.

We are therefore only able to refer patients to hospital with life- or limb-threatening conditions.

Nursing Services

Routine nursing appointments have been suspended. If we need to cancel your appointment you will be contacted by a member of the nursing team. We will be continuing to offer face-to-face consultations for:

- Blood tests for ante-natal patients, methotrexate/high-risk drug monitoring
- Dressings/suture/clip removal
- Child and adult vaccinations (not travel) including whooping cough in pregnancy
- Contraception injection
- Zoladex injection
- Smears if the woman has had an abnormal smear test in the past 12 months
- Urgent ECGs as requested by a doctor
- Smoking cessation/HRT/pill checks and any other consultations will be by telephone consultation.

We are continuing to offer INR blood tests so patients do not need to travel to Nuffield Hospital.

WILLINGHAM SURGERY NORMAL OPENING HOURS

Monday	8 30 – 1 00	2 30 – 6 00
Appointments	8 30 – 11 00	3 00 – 6 00
Tuesday	8 30 – 1 00	2 00 – 7 00
Appointments	8 30 – 11 00	4 30 – 7 00
Ante Natal/Baby Clinic		2 00 – 4 00
Wednesday	8 30 – 1 00	2 00 – 6 00
Appointments	8 30 – 11 00	3 00 – 5 30
Thursday	8 30 – 1 00	2 00 – 6 00
Appointments	8 30 – 11 00	3 00 – 5 00
Friday	8 30 – 1 00	2 00 – 6 00
Appointments	8 30 – 11 00	3 00 – 5 30
Emergencies		4 00 – 6 00

WILLINGHAM PHARMACY Tel: 01954 261787 NORMAL OPENING HOURS

Monday	8 30 – 1 00	2 30 – 6 00
Tuesday	8 30 – 1 00	2 00 – 7 00
Wednesday	8 30 – 1 00	2 00 – 6 00
Thursday	8 30 – 1 00	2 00 – 6 00
Friday	8 30 – 1 00	2 00 – 6 00

Repeat Medication

You are only able to order one month of medication. In order to help us manage demand, we ask that you only order what you need in the normal way. Please allow dispensary two working days to process the request. We are now able to accept card payments at Longstanton Surgery and Willingham Reception if you need to pay for your prescription.

Sick Notes – MED3

You do not need a MED3 or sick note for self isolation. Please visit the surgery website for further information and to download a letter from the GP.

Urine Samples

Please do not drop off urine specimens for testing at this time, as we try and relieve pressure on the laboratories.

If you are symptomatic and believe you have a urinary tract infection (UTI), please call reception who will arrange for you to speak with a clinician over the phone.

Cambridgeshire Hearing Clinics

Drop ins are currently cancelled for the foreseeable future. Please note they will send new batteries to your home address. Please visit www.cambridgeshirehearinghelp.org.uk or call 01223 416141.

Carers' Support Meetings

Meetings are currently suspended due to the coronavirus pandemic. However the surgery will continue to support our carers in any way we can. If you are a carer, please contact Sharon.unwin@nhs.net for more information.

Lisa Smith
Assistant Practice Manager

VE Day

75th Anniversary 8 May 2020

VE Day, or Victory in Europe Day, is celebrated each year to mark the end of World War Two in Europe. The news of Germany's surrender had been anticipated for some time but it was not until the acceptance of unconditional surrender by British Field Marshall Montgomery and then General Eisenhower, Supreme Allied Commander, that the documents were signed on 7 May 1945.

Almost six years of war had cost millions of lives, destroyed families, cities and homes. Years of rationing, blackouts and bombing raids had sent the country into desperate times.

Celebrations began almost immediately the news was heard but it was announced that a national holiday would be held the following day – 8 May 1945. Bunting in red, white and blue was hung, street parties, parades and services of thanksgiving were held around the country.

At 3 pm on VE Day the Prime Minister, Winston Churchill, addressed the nation with the welcome news but also acknowledged that the war was not yet over as

Japan still had to be defeated.

For many who mourned the loss of a beloved friend or relative or worried about those still serving or not yet home, the VE Day celebrations were difficult.

We have had to cancel our planned event to celebrate the 75th Anniversary of VE Day. Nevertheless perhaps we could all pause for a moment at 3 pm on that day to thank all those who gave selflessly in whatever way they could to give us the peace and freedom we enjoy today.

We acknowledge their families and those who were fortunate to return home. And to the three World War Two veterans who still live in our community in Over and Willingham we thank you and your comrades for all you did.

The piece below is a tribute written as part of the national VE Day 75th Anniversary celebrations.

Jane Matthews

Royal British Legion



Tribute to The Millions

Let us remember those who so selflessly gave their lives at home and abroad, whose sacrifice enables us to enjoy the peace and freedom we have today.

Let us remember those who came home wounded, physically and mentally, and the friends and family who cared for them.

Let us remember those who returned to restore their relationships and rebuild their working lives after years of dreadful conflict and turmoil.

Let us remember the families that lost husbands, sons and sweethearts.

Let us remember the servicemen, merchant seamen, miners, brave civilians and others from Commonwealth and Allied countries who fought, suffered and died during several years of war.

Let us remember those in reserved occupation and the brave people who kept us safe on the home front - the doctors and nurses who cared for the wounded, the women and men who toiled in the fields, those who worked in the factories, who all played such a vital role in the war effort at home.


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Library News

Unfortunately due to the coronavirus pandemic, until further notice:

- All libraries are closed.
- All public library events have been cancelled.
- All library charges have been suspended and the due dates of items extended.
- There will be no cancellation fees for any activities or room bookings during this time.

However, you can still join the library online; your library card number will be emailed to you while libraries are closed. As a member you can download e-books to read or listen to, and a huge selection of e-newspapers and e-magazines. You can also access the many online reference resources – encyclopaedias, atlases and maps, government publications and business directories. Also, for the very first time, library members can access 'Ancestry' and 'Find My Past' from home – a time limited offer available from these companies throughout the COVID-19 outbreak.

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Library Events

As soon as possible we will reinstate all our regular events such as Engage in the Afternoon, Book Sales and Scrabble Afternoons. We will also be rearranging our author visit.

Emily Winslow has said she is looking forward to coming when this difficult time is over.

Friends of Willingham Library – Short Story Competition

Here's something to keep you amused. Pick one word from each of the two lists below by rolling a dice, then write a short story, maximum of 250 words, using those two words as the title (plus 'The' if you wish). Send your story to: willinghamlibraryfriends@gmail.com by **10 May** and the best (as judged by the Friends committee) will be printed in next month's *Willingham News*. Age groups: 5 and under, 6-9, 10-14, 15-99

1. Dragon	1. Naughty
2. Dinosaur	2. Purple
3. Prince	3. Imaginary
4. Teacher	4. Old
5. Wizard	5. Ridiculous
6. Doctor	6. Loveable

If you enjoyed doing that, why not make up your own lists of words for friends and family to try?

If you would like to join the Friends of Willingham Library (FOWL), and have any ideas for future events, please contact us at willinghamlibraryfriends@gmail.com.

PS

Patrick Stewart is reading one of Shakespeare's sonnets every day on Facebook. It's a great start to the day! #ASonnetADay.

A Memory of the Seventies

One of the benefits of being self-isolated in our house, with only country walks to venture out for, is doing the jobs that have been put off over the years. One of these has been sorting old photographs and putting them into albums, something that has almost become redundant in these days of instant mobile-phone photography.

Yesterday I came across several photos that were taken in our former garden – The Limes in Long Lane – where the Annual Church Fete was being held. Judging from the ages of our children I guess it was about 1973, and there would have been about 100 people there, of which about half were children of all ages.

Suddenly a chore became a delight! We identified many village people whom we knew well, many of whom have now died: Rev John Francis, the Rector at the time; Joyce Harrison, wife of the Rev John Harrison; Alan Robinson, the Post Master; Marjorie Burdett, the receptionist at the doctors' surgery, and many others such as Peter Hayman, Albert Garner and Tony Allen.

The weather was beautiful that day and it took me right back to what we call 'Old Willingham', when our children were young (so were we!) and we knew most people in the village by sight if not by name. Everyone was smiling. Adults were chatting over their tea and biscuits. There was

a raffle, lots of stalls and refreshments. It was a real, old-fashioned village fete. The older children later in the afternoon performed dances that they had learned at school. Happy Days! Many of those children will now have children of their own.

I stuck the photos into the album. They had brightened my day with happy memories of a world that now seems very far away.

Polly Fawcitt

Do send us your 'lockdown diary' entries. We'd love to hear your stories and tips for getting through the week.



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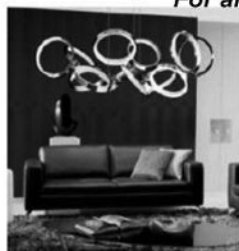
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Club meetings and trips may be suspended for the time being but now is the opportunity to get out into the garden for exercise and fresh air and our dose of vitamin D which is very important. I have looked up some reminders regarding working safely in the garden.

Wear gloves when working outside. Wearing the proper gloves will not only reduce blistering but will also protect your skin from fertilizers, pesticides, bacteria and fungus that live in the soil. When exposed to soil, even the smallest cut runs the risk of developing into a major hand infection. Leather gloves offer protection from thorny objects and poison ivy, snake, rodent and insect bites, and other skin irritants in the garden. Gloves also prevent sun damage and fingernail damage.

Avoid prolonged repetitive motions. Unless you are used to the activity, repetitive motions such as digging, raking, trimming hedges, pruning bushes or planting bulbs may cause skin, tendon or nerve irritation. Make sure your gardening activities are varied and tasks are rotated every 15 minutes with a brief rest in-between so that the same muscles are not used over and over again.

When working on a deep border, start in the middle (if it is double sided) or from the back (if it is not). Work backwards/outwards, cutting and tidying as you go. Keep a receptacle close by, to the left if you are right-handed, to minimise twisting and overreaching. Very importantly, always loosen compacted soil with a fork or rake as you work backwards, so as to leave an immaculate 'finish' in your wake.

Use tools, not your hands. Use a hand shovel or rake rather than your hand for digging. Sharp objects and debris buried in the soil may cut you. If possible, remove

objects from the work area before beginning the task to avoid causing damage to you or your tools.

Check your posture. 'Posture' refers not only to your whole-body position but also to the angle of your wrist while using hand tools. Grip strength is at its maximum when the wrist is in a relaxed or neutral position. Studies have shown that people lose up to 25% of their grip strength when their wrist is bent.

Remember to enjoy the health benefits of gardening by using your hands and tools wisely.

Visit the RHS website for lots of inspirational ideas in particular the 'Gardening for Schools' site with the article on 'Keeping The Kids Busy'. Whether you're enjoying the garden or exploring the great indoors, you can keep kids entertained using only kitchen scraps! With a little time and patience there are vegetables such as celery and carrots, that you can grow again and again. Click on the 'Saucer Veg Activity' button.

Ten Gardening Jobs for May

- 1 Protect tender plants from late frosts.
- 2 Earth up potatoes and plant any late crop varieties.
- 3 Plant out summer bedding plants at the end of the month.
- 4 Water early and late in the day to be most effective and re-cycle where possible.
- 5 Regularly hoe off weeds.
- 6 Open greenhouse vents and doors on warm days.
- 7 Mow the lawn weekly.
- 8 Before cutting hedges check for nesting birds.
- 9 Divide overcrowded clumps of daffodils and other spring bulbs.
- 10 Look out for viburnum beetle and lily beetle grubs.

Recipes

Here are some recipes from Jane Dowle to remind you of holiday destinations you might or might not be getting away to this year. You can always make the local dishes at home and pretend you're there!

Briam – Greek Potato and Courgette Bake

I have booked our annual Greek holiday in September, but if it's not possible to go this year I can create the food I've enjoyed there.

Briam illustrates how Greek cuisine takes a few simple ingredients and turns them into something utterly delicious with little effort. This is a traditional dish serving four people for a main course. I like it with a chunk of feta cheese and a glass of Kefalonian Robola wine. Ymmas! (Cheers!)

1kg peeled potatoes sliced into 3mm rounds
4 large courgettes, sliced into 3mm rounds
4 medium red onions, sliced into 3mm rounds
6 fresh plum tomatoes, pureed
125ml olive oil
2 tbsp chopped fresh parsley
Salt and pepper

Preheat your oven to 200 C/Fan 180 C/Gas 4. Find the largest baking tin you have – 22cm x 33cm or larger – or use two; you don't want the vegetables to be layered too deep. Place the potatoes, courgettes and red onions in the baking tin. Pour over the pureed tomatoes and olive oil. Sprinkle with parsley, salt and pepper. Toss the ingredients together so that all the vegetables are evenly coated. Then add about 100ml water to the dish.

Bake for 90 minutes. Check after one hour to stir and also add a little more water if necessary. At this point taste and add more seasoning if required. Please note, there should be no water left in the end. Cool slightly before serving or serve at room temperature.

Spanish Spinach Omelette

Will my daughter and I go to Spain in June? It's not looking very likely, so we'll make this instead. A large Spanish omelette that makes a great family supper for four and leftovers for lunch the next day; the Spanish make omelette sandwiches using ciabatta rolls spread with mayonnaise and adding sliced tomato. Yum!

400g bag spinach leaves
3 tbsp olive oil
1 large finely sliced onion
2 peeled and finely sliced potatoes
10 eggs
Salt and pepper

Tip the spinach into a large colander and bring a kettleful

of water to the boil. Slowly pour the water over the spinach until wilted, then cool under cold water. Squeeze all the liquid out of the spinach and set aside.

Heat the oil in a non-stick frying pan over your hob and gently cook the onion and potato for about ten minutes until the potato is soft. While they are cooking, beat the eggs together in a large bowl and season with salt and pepper.

Heat your grill to high. Stir the spinach into the potatoes, pour in the eggs and cook, stirring occasionally, until nearly set. Flash the omelette under the grill to set the top. Ease it onto a plate, flip over back into the pan. Finish cooking the omelette on the underside. Turn out onto a board and cut into wedges.

Torrone Molle

A few years ago we enjoyed a lot of this in Sicily. 'Torrone Molle', literally translated is, 'soft nougat'.

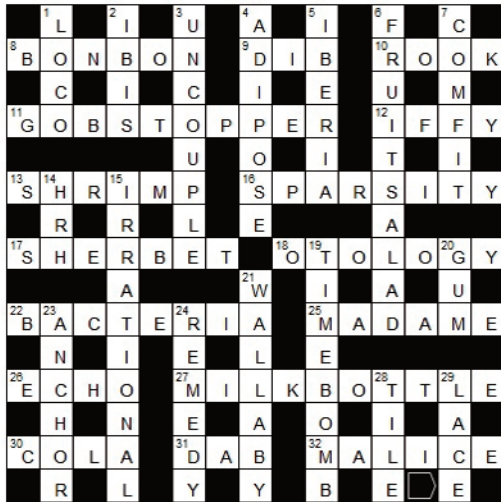


175g butter
175g cocoa powder
175g ground almonds
175g sugar
1 whole egg and 1 egg yolk
175g plain biscuits cut into almond-sized pieces (eg Petit Beurre)
Oil, for the tin

Work the butter and cocoa together in a bowl until it is a soft paste. Stir in the ground almonds. Melt the sugar with a little water in a pan over a gentle heat and add it to the cocoa mixture. Stir in the egg and yolk. Carefully stir the biscuits in so they don't crumble. Place in an oiled loaf tin with a removable base and refrigerate for several hours. Turn out, slice or cube and enjoy!

Answers

Sweet Dreams Cryptic Crossword



Codeword

1	H	2	N	3	Q	4	K	5	V	6	D	7	F	8	B	9	L	10	T	11	G	12	W	13	Y
14	J	15	A	16	R	17	E	18	S	19	X	20	C	21	O	22	Z	23	U	24	P	25	I	26	M

Sudoku

8	3	9	4	7	2	6	5	1
4	2	6	1	5	8	3	9	7
7	1	5	9	3	6	2	8	4
2	4	8	7	1	3	9	6	5
6	5	1	8	2	9	7	4	3
9	7	3	6	4	5	8	1	2
5	6	7	2	9	1	4	3	8
1	8	4	3	6	7	5	2	9
3	9	2	5	8	4	1	7	6

Quick Crossword

Across: 7 Picnic, 8 Accent, 9 Hat trick, 10 Noun, 11 Admire, 13 Dampen, 14 Profit, 17 Second, 19 Zinc, 20 Omelette, 22 Serene, 23 Attack.

Down: 1 Wizard, 2 Knot, 3 Active, 4 Sacked, 5 Economic, 6 Endure, 12 Infected, 15 Raised, 16 Trowel, 17 Seesaw, 18 Notice, 21 Eats.

Book Quiz

- | | |
|--------------------|--------------------|
| 1 E M Forster, | 6 Jojo Moyes |
| 2 Isak Dinesen | 7 Anne Tyler |
| (aka Karen Blixen) | 8 Graham Greene |
| 3 Michael Bond | 9 Mary Ann Shaffer |
| 4 Douglas Adams | 10 Andrea Levy |
| 5 Stephen King | |

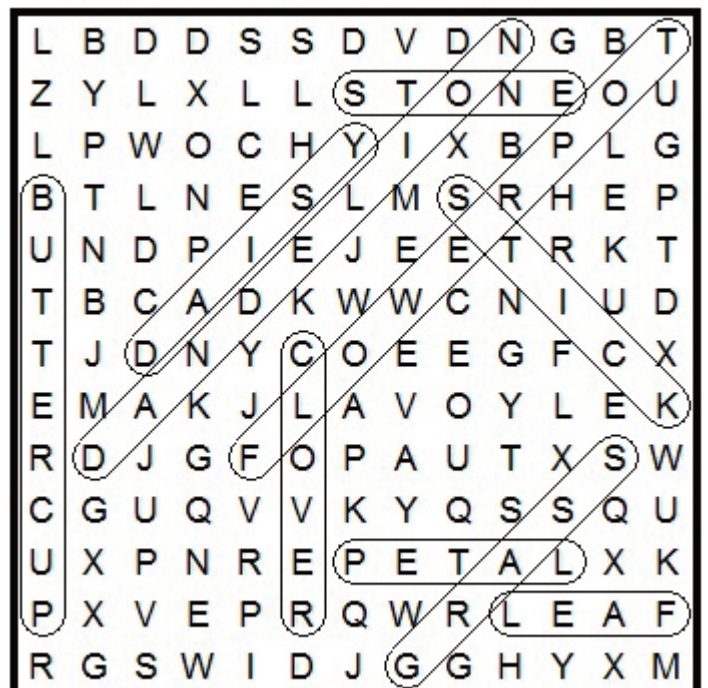
Sweet Quiz

- 1 Flying saucers
- 2 Milk bottles
- 3 Rhubarb and custard
- 4 Shrimps
- 5 Foam bananas
- 6 Cherry drops
- 7 Snickers
- 8 Love hearts
- 9 Drumsticks
- 10 Starburst
- 11 Picnic
- 12 Mars bar

Meow Quiz

- 1 Simon Meowell
- 2 Catherine Meoward
- 3 Meow That's What I Call Music!
- 4 Lord Baden Meowell
- 5 Meow do you do?
- 6 Face meowder
- 7 David Meowie
- 8 Meowth organ
- 9 Mrs Meowtfire
- 10 Meow parsley
- 11 10 Meowning Street
- 12 Eyemeow pencil
- 13 Meow Jones
- 14 Meowdon Wainwright III
- 15 Meow Meow Meown Meow

Wordsearch



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CELEBRATION DAYS IN MAY

1 May	MAY DAY – dating back to Roman times when they celebrated the festival of Flora, the goddess of flowers and Spring. Customs include Morris dancing and dancing around a maypole.
1 May	INTERNATIONAL WORKERS DAY/LABOUR DAY – A show of solidarity amongst the working classes which is celebrated in 66 countries.
3 May	WORLD PRESS FREEDOM DAY – Founded by the United Nations (UN) in 1993. A reminder that in dozens of countries publications are censored.
4 May	STAR WARS DAY – May the fourth be with you!
4 May	INTERNATIONAL FIREFIGHTERS DAY – Feast day of St Florian, patron saint of firefighters
5 May	INTERNATIONAL MIDWIVES DAY – Theme for 2020: ‘celebrate, demonstrate, mobilise, unite – our time is NOW’.
6 May	INTERNATIONAL NO DIET DAY – Its aims are to end fat shaming and weight discrimination. Declare this day free of diets!
7 May	WORLD PASSWORD DAY – Reflect on just how vulnerable a poor password can be and what you can do to avoid your online accounts being taken over by hackers.
8 May	75th ANNIVERSARY OF VE DAY – This year it’s a bank holiday, remembering the contribution of British, Commonwealth and Allied armed forces personnel’s victory in 1945.
9 May	EUROPE DAY – Today celebrate peace and unity in Europe.
11 May	EAT WHAT YOU WANT DAY – Throw caution to the wind, put a pause on your healthy diet and eat what you want today.
12 May	INTERNATIONAL NURSES DAY – The anniversary of Florence Nightingale’s birth.
15 May	INTERNATIONAL DAY OF FAMILIES – Today reflects the importance the UN General Assembly attaches to families as the basic units of society.
16 May	INTERNATIONAL DAY OF LIGHT – This provides a focal point for the appreciation of light and the role it plays in science, culture and art, education, medicine, communication and energy.
18 May	INTERNATIONAL AIDS CANDLELIGHT MEMORIAL DAY – We remember – we take action – we live beyond HIV.
20 May	WORLD BEE DAY – Let’s raise the importance of pollinators and recognise their contribution to sustainable development.
23 May	WORLD TURTLE DAY – It’s an annual observance to help people celebrate and protect turtles. Dress in green today!
25 May	NATIONAL TAP DAY – In USA they celebrate tap dance as an American art form. Learn how to Shim Sham Shimmy today!
25 May	NATIONAL WINE DAY – Also in USA, it’s a day to buy, appreciate and enjoy wine.



Gardening Club

I am sure that you will not be surprised to hear that the monthly meetings of the Gardening Club are now being suspended until further notice. The committee can only abide by the advice to restrict social contact given by the Government.

We regret to advise that the excursion on the **20 June** to Wisley has been cancelled and the excursion on the **11 July** to the Shuttleworth Collection is now provisional depending on further government advice. Provisional booking for this excursion can be made by contacting Celia by telephone on 01954 261394, dependent on the ever-evolving situation.

Willingham Social Club

Dear Members

I am sorry to announce that Willingham Social Club is now closed until further notice due to the current Coronavirus (COVID-19) pandemic.

Whilst we hope to reopen in a few weeks' time, we are realistic about the current circumstances and intend to continue to follow Government advice. We will be monitoring the situation closely so please check our website and social media channels regularly for any further updates.

Anyone who has already purchased tickets for events that are cancelled as a result of this closure will be fully refunded.

These are sad times for our country and our Club. Like all of us, I am reeling from the shocks that have hit us over recent weeks. Please rest assured that we will be doing everything we can to ensure that we will be here for you when the threat from this dreadful virus recedes. I have been humbled by the strength and fortitude of our staff and I believe that, with your support, our combined resilience and determination means that we can come out of this crisis together and stronger.

Our lights may be out for the time being but our hopes for the future remain undimmed.

Thank you, as ever, for your steadfast support and I hope to see you again very soon at Willingham Social Club.

John Carey
Chairman

Cricket Club

Due to the COVID-19 outbreak, Cricket Club quizzes during 2020 will be reviewed as we approach them taking on board the advice at the time from the government and public health.

All of us at the Cricket Club hope you stay safe and well over the coming weeks/months.

Matt Leach

Bike Club

Rides for Over Day Centre 31 May, Postponement

We have decided to postpone this event, given Government advice about mass gatherings and social contacts. In addition, Cycling UK is suspending Organisers' Liability for organised rides until further notice. We are very mindful of the health and wellbeing of all cyclists, helpers, staff and family members who would have taken part in the rides and social afterwards. We do hope to arrange another date later this year – but will follow closely Government advice on this.

The Over Day Centre is discussing how to help older and vulnerable people in local villages, working in coordination with other social groups and local businesses. Our premises, staff and volunteers will be working to provide support in any way that we can, following Government and Public Health England guidelines. If you might like to support this work at a time when the Day Centre will be without normal revenue, you could donate using the Just Giving link on our website www.overdaycentre.co.uk/support-us or send a cheque made payable to 'Over Day Centre' and posted to: Hayley Smith, Centre Manager, Over Day Centre, 1 Dring's Close, Over, Cambridgeshire, CB24 5NZ.

Many thanks for your potential interest. We will be in touch again when normality returns. In the meantime, look after yourself and the people around you.

Paul Knighton

Bowls Club

We were delighted at the response to our proposed Community Scheme but it looks as if it will be delayed due to Coronavirus. We will wait until the Government, Willingham Surgery and Over Surgery say it should be safe to implement the scheme.

Once we get the all clear we will inform both surgeries and if possible have a notice at the Library and Post Office with proposed dates and times. We will also put this information on the Willingham Bowls Facebook page. Failing that you can phone me, Terry Buckley, on 01954 201802.

Our indoor season ended early due to the pandemic when Chesterton Indoor Bowls Club closed indefinitely. We did some pre-season green maintenance work at the Bowls Club; but obviously the start of the season, normally in May, will be delayed.

To all those members of the Bowls Club, future club members, Community Scheme participants and all members of the community, we wish you well.

For enquiries contact Club Secretary, Ian Bissett at: Willinghambowlsclubsec@gmail.com.

Terry Buckley



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	District Councillor	Dawn Percival	07948 683599 / cllr.percival@scambs.gov.uk
	District Councillor	Bill Handley	01954 200287 / cllr.handley@scambs.gov.uk
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	Dispensary for repeat prescription requests		01954 207602
	Library		0345 045 5225
	Pharmacy		01954 261787
	Over Surgery		01954 231550
	Urgent Care Cambridgeshire		111
Schools	Primary School	Mr Dave Morel	01954 283030
	Willingham Out Of School Club (3–6 pm only)	Mrs M Lenk	01954 283033
	School Governors Chairperson	Katy Stevenson	chair@willingham.cambs.sch.uk
	School Association	c/o school	01954 283030
	British School Trust	Ray Croucher	01954 261113
Children	Beavers, Cubs and Scouts	Matt Haigh	adventure@1stwillinghamscoutgroup.org.uk
	Honeypot Pre-School (term-time only)	Mrs Kate Van Dort	01954 201567
	Koala Kidz	Mrs Edith Jeffrey	01954 260046
	Guides and Rangers	Lynn McGoff	willinghamguides@hotmail.co.uk
	Ladybird Borland's School Of Dance	Mrs L Borland	01954 203347
	Messy Church	Margaret Edney	07528 193858
	First Steps	Vicky Page	vickypage85@gmail.com
	TOPS (Baptist Church Toddlers Group)	Katy Gilbert	01954 261922
	Little Notes Music Group (0-4 years)	Lisa Adcock	07949 062360
	KFC Kid's Friday Club Years 1-6 (Baptist Church)	Lorriane Bald	01954 261189
Halls	Ploughman Hall Bookings	through Parish Council	01954 261027
	Wilford Furlong Centre		01954 261445
	The Octagon	Gillian Beal	admin@5folds.org.uk
	Baptist Bookings and Rentals	Emma Launchbury	01954 263108
	Willingham Social Club Bookings	Lynne Sadler	01954 260557
	Willingham Youth Centre bookings		willinghamsocialclub@gmail.com
			email: enquiries@willinghamyouthtrust.org
Local Representatives	Allotments	Sue Ayling	01954 260718
	Billavincea Lodge 8719	Mr M Scrivener	01480 413533
	Fen Edge Community Association	Eileen Wilson	chair@fenedge.co.uk
	Over & District Royal British Legion	Jane Matthews	07983 630265
			overanddistrictrbl@yahoo.com
	OWLS Community Car Scheme	Lorraine Hunt	07505 254363
	Willingham Action Group (WAG)	Mike Tidball	01954 260647
	Willingham Combined Charities	Kassia Bunnett	k.bunnett@googlemail.com
			07969 541095
	WEA	Jacqueline Hodkinson	01954 201816
	Willingham RBL Poppy Appeal Organiser	Graham Atherton	01954 260331
	Willingham Bee Group Chairman	Steve Smith	07795 215071
Clubs	Friends of Willingham Library (FOWL)		willinghamlibraryfriends@gmail.com
	Gardening Club	Mrs C Bailey	01954 260794
	WBC Youth club (Baptist Church Years 7-9)	Bev Thomas	01954 789230
	Willingham Dance Club	Teresa Weston	willinghamdanceclub@gmail.com
	Willingham Social Club	Lynne Sadler	01954 260557
			willinghamsocialclub@gmail.com
	Willingham Jam Club	Julian Eales	01954 201818
	Willingham Photography Club	Steve Harding	07595 668161
	Willingham Running Club	Monica Garcia	gcompass.monica@gmail.com
	Willingham Walkers	Mike Tidball	01954 260647
	Willingham Youth Club	Bonnie Twiss	bonnietwiss@me.com
	Women's Institute	Wendy Law	01954 202188
Sport	Angling		www.histonangling.org.uk
	Badminton	Sarah Custance	01954 202005
	Bowls Club	Ian Bissett (Sec)	ianbissett@gmail.com
			Willinghambowlsclubsec@gmail.com
	Cricket Club	Mr R Ambrose	01954 260446
	Cycling Club – www.willinghamwheels.com	Paul Knighton	07787 530394
	Ladies' Hockey	Teresa Hutchcraft	01954 260177
	Tennis Club	John Graham	01954 231968
	Willingham Diamonds Netball Club	Emma Byrom	01954 202481
	Willingham Running Club	Gerry Mears	07511 131645
	Willingham Sports Pavilion	through Parish Council	01954 261027
	Willingham Wolves (Boys & Girls Football)	Jamie Smith (Sec)	01954 261141
Churches	Mothers' Union (Branch Leader)	Mrs S Hayden	01954 260363
	Baptist Church	Emma Launchbury	01954 260538
	Methodists (Ministerial Contact)	Rev Simon Oliver	07554 202929
	Roman Catholic Priest	Rev Thomas J Walton	01480 462192
	Parish Church	Gillian Beal	admin@5folds.org.uk
		Simon Gill	01954 230434

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