Willingham News

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village website: www.willinghamlife.org FEBRUARY 2018

Community Orchard See Page 8

Photo by Derek Law



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If you have articles or letters to submit, please get in touch at our new address: willinghamnews@gmail.com (attachments please for copy — not incorporated into the email and no pdf files). Paper copy may be left at the library. The Editorial Team comprises: Liz Cosford, Jane Dowle, Wendy Law and Trevor Weston.

We welcome contributions on subjects of local interest.

The Deadline is 8th of Each Month.

New Email Address for Copy

The new email address for correspondence and articles is: willinghamnews@gmail.com.

We will continue to check the old email address but please use the new address from now on for your contributions.

Bin Collections – Fridays				
2 February	Black			
9 February	Blue and Green			
16 February	Black			
23 February	Blue and Green			

To contact local police, phone 101 or email: histon.npt@cambs.pnn.police.uk

PLEASE NOTE:

Back issues of *Willingham News* from June 2013 (and intermittently before that) up to and including the current issue are available on the Willingham Life website run by WAG:

www.willinghamlife.org/page/willingham-magazine back-issues

Advertising

Advertising is sold on an annual basis for an insert into 12 issues beginning in January. Send any advertising queries or copy to: **advertising.wnews@yahoo.co.uk**, marking your e-mails Adverts. The *Willingbam News* team wishes to thank all the advertisers for their support and interest. They play a vital role in maintaining this publication and also in our community as local businesses supplying goods and services. If you contact an advertiser, please mention that you saw their advertisement in *Willingbam News*. Thank you all very much.

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Willingham Primary School Friends Reunited

Over Day Centre has reunited three old friends after many years apart. John, Ken and Paul first met at the Primary School during the 1930s.

'We were in the same class of 30 children', John commented with a smile. Paul has been coming to the Centre since April 2014 and this year, managed to persuade 94 year old Ken to join him. Having moved away from Willingham, John's reunion with his classmates has come as a total (and very happy) surprise. The three now meet at Over Day Centre twice a week for a chat, social activities, lunch and afternoon tea. Long may their friendship continue!



Willingham Photography Club

We meet every month in the Baptist Church. We aim to learn more about photography and to enjoy ourselves!

> The next meeting will be on Monday 19 February, 8 – 10 pm

The assignment for the meeting is *Love*, followed by a talk on *The Magic Three*, by Mr Francis Pullen.

Technical questions and answers will be invited and tea and coffee served.

The programme is subject to change so please visit our website, details below, for the most up-to-date information and to see examples of our members' work.

We cordially invite anyone who enjoys photography to come along and see what is on offer. Your expertise level does not matter; nor does the nature of your camera.

The membership cost is £20 for 6 months. First month is free.





If you have any further questions, please contact: Christopher Cross 01954 260790 In the meantime, do have a look at our website on www.WillinghamPhotoClub.org.uk



Over Day Centre was established as a charity in 1989 to provide social care, friendship and recreation for older people living rurally. Clients from 15 villages presently attend the Centre, with the majority living in Over and Willingham, but with some from further afield such as Girton and Milton.

If you would like to join the Day Centre, please contact Senior Carer, Andrew Baker by email office@ overdaycentre.co.uk or by phone 01954 231807.

We offer a FREE taster session day including a two course lunch!

Young Cricketers

Attention Young Cricketers (aged 7–12) in Longstanton, Willingham, Swavesey and Over

Longstanton Cricket Club will be running indoor nets at Swavesey Village College Sports Centre on six consecutive Sundays between 18 February and 25 March (inclusive). There will be two sessions each day coached by Steve Taylor:

9 15 to 10 am (for ages 7–10)

10 to 10 45 am (for ages 11–12)

Cost will be £4 per 45 minute session.

Please contact Janet Hill for more details: email: abjv2000@hotmail.com; tel: 01954 261009.

Willingham Website

We are continuing to develop the website, so that it will eventually contain almost all the information one needs to know about Willingham.

The next step is to upload details of the businesses. We are relying on you to go online to <u>www.willinghamlife.org</u> and put what you want to say about your business in the section 'Add Your Business'. Please include contact details and a website address if you have one; this should help you attract more custom.

Everyone can now browse the website and contact us if there are any suggestions for additions, changes or other information you would like to see included.

Mike Tidball Willingham Action Group



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Old Willingham

There were once many pubs in Willingham and the Milkmaid Tavern was one of the last to close in 1999. This picture is taken from the end of Silver Street and, based on the cars, was probably taken in 1990s. A feature of the pub in its latter days was the Milkmaid Folk Club which ran folk music evenings to a high standard with well-known artists. The folk club was so successful that Terry Walden, the last pub landlord, continued it after the pub closed and it still exists today (although no longer in Willingham), details at www.milkmaidmusic.co.uk.

More photos can be seen at <u>www.oldwillingham.com</u> and if you have stories or memories about this picture, please contact Jon Edney, 31 High Street or oldwill@ oldwillingham.com.



FEBRUARY

After January - February. The month of romance. Kisses and flowers and Songs for a Valentine.

Cards and blossoms and Hearts lightly fluttering. Welcome to February, The month of romance.

Christine Lacey

Willingham Gardening Club

The Gardening Club meets at 7 30 pm in the Social Club on the first Monday of each month, except in January and August. New members are most welcome. The annual subscription is $\pounds14$ but for anyone wishing to come to a particular meeting or as a taster, the cost is $\pounds2$.

Call Celia on 01954 261394 or simply turn up to a meeting.

Next Meeting: Monday 5 February at 7 30 pm.

Richard Revels will be talking about Britain's Wonderful Wildlife.

Willingham Women's th Institute



The next meeting will be on **Monday 12 February** at 7 30 pm in the Social Club.

Stage Makeup with Christine Clarke

New members are always welcome; please contact Wendy on 01954 202188 if you are interested. Come for a taster – we have some great meetings lined up.

WI News

This year sees two important anniversaries. Willingham WI, founded in 1928, will be 90 years old and it will also be the centenary of women getting the vote. Watch this space for details of our celebrations later in the year!



Entertainment Quiz Saturday March 24 Over Community Centre Pop • TV • Film

Organised by Tabitha Stevens, running the London Marathon to raise money for VICTA – supporting children and young people who are blind or partially sighted and their families across the UK.

<u>www.victa.org.uk</u> <u>uk.virginmoneygiving.com/TabithaStevens</u>

> Tickets £5 per person Teams of 8 max. Tickets from 206600

Community Orchard

The fruit trees are now well established, 120 in all, with 114 on the grid as illustrated on the Orchard Board. Trees with more vigorous root stocks are making appreciable growth, although some trees have yet to bear fruit. The original spiral guards have now been replaced with expandable mesh guards. We are grateful to Edward Gilbert who continues to cut the grass on a volunteer basis.

Bulb planting has been repeated for a second year with a

great mixture of bulbs, see the Flora section for details. Those planted last winter, along with the wild flowers, gave a good seasonal display, appreciated by those who are regular visitors to the Orchard.

The woodland area is beginning to look like a woodland, with excellent autumn colours on display this winter and providing good cover for children to play hide and seek. The 25 native species planted are listed on the Woodland Board. The two picnic benches located in a circular area on the edge of the wood make a great place to sit. The basket willow patch has been slow to establish but we look forward to the first woven item being produced.

The Bee Group has been successful in their

management of the hives. The group reported an eventful year with both highs and lows. An early honey harvest yielded 109 jars for sale, netting around £250 for reinvestment in the apiary. There is a growing membership of the group, now standing at eight, with varying levels of experience. Steve Smith passed his Basic Assessment with credit during the summer. In July, two Queens were lost from two of the three hives. These were quickly replaced, but with only one Queen surviving, two hives had to be combined at the end of the summer. The Queen problems, together with three weeks of poor weather in August, meant that the group did not extract any honey in late August, instead leaving the honey for consumption by the bees. Their winter store production was boosted by the warmer weather in September and early October and the group look forward to good honey production and sales in 2018.

Melvyn and Brenda Smith, WAG volunteers with an interest in wildlife, make regular visits to the Orchard and contribute to *Willingham News*. They have summarised the flora and fauna encountered there:

Flora: Wild English Daffodils, English Bluebells, Snake's Head Fritillaries, Wild and Woodland Garlic, Roundheaded Garlic, Wild and Woodland Tulips, Primroses, Cowslips, Marshmallow, Lady's Bedstraw, Creeping Bindweed, Black Knapweed, Field Scabious and Meadow Cranesbill plus several grass varieties. And of course, all our planted native trees and bushes.

Fauna: Various species of Grasshoppers, Beetles and

Flies. Two species of Damselfly and Ruddy Darter Dragonflies. Many Butterfly species including Small Copper, Meadow Brown, Gatekeeper, Small Tortoiseshell, Common Blue, Large White and Small Skipper plus Silvery Moth and some unidentified dayflying moths.

Birds: Barn Owl, Rook, Crow, Jackdaw, Magpie, Bullfinch, Starling, Robin, Wren, Dunnock, Blackbird, Blue and Great Tit and of course, Woodpigeon.

Melvyn and Brenda try to visit the Orchard at least twice each month but cannot hope to find, or see, all the species that are likely to visit or establish. Undoubtedly, more species will be found, particularly as the Orchard matures and it would be great if more villagers visited, to

add to our knowledge of this wonderful village asset. Why not take your children, not only to play (which is important!) but also to discover and learn? They'll love it! Do let us know what you find.

Photos of the Orchard can be viewed at <u>www.julespix.smugmug.com</u>. Go to Galleries and then Willingham Community Orchard. Feel free to submit your own photos for inclusion by sending to julian_eales@hotmail.com.

The Community Orchard, as the name suggests, is open to all. It was established in response to the Parish Plan Action Plan, by providing more useable open space and Willingham Action Group (WAG) encourages residents to visit. Notice boards provide the background to its establishment, as well as a guide to what trees are planted. The Orchard is maintained by WAG Enviro Group volunteers so if you wish to have more information, wish to get involved or you have an interest in bee-keeping please contact WAG via the new <u>www.willinghamlife.org</u> website. Alternatively e-mail graham@gwmumby.co.uk.

WAG Enviro Group



Cryptic Crossword by Willow

Answers on page 16.



Across

- Close to Barney Rubble?
 (6)
- 4 Not as important as principles service embraced (6)
- 9 Commander has top reserve force at home (7)
- 10 Walk wearily getting bus to stop finally (5)
- 11 Address head of state summit (5)
- 12 Caught Johnny's craft capsizing (7)
- 13 Ruin noted rustic building (11)
- 18 Nuisance on river's lowest of the low (7)
- 20 Dined in public school reportedly (5)
- 22 Cooked bread with milled oats and salt finish (5)
- 23 Revealed train track design (7)
- 24 Stop work and go to bed (6)
- 25 Against including Gaelic poetry (6)

Down

- 1 French resort's way most attractive (6)
- 2 Help pack some rejected fruit (5)
- 3 Put cover on empty exhibit casing (7)
- 5 Former lover's appalling rat as well (5)
- Quiet morning Kitty mostly used to wash hair (7)
- 7 Artist dips sculpture in fast flowing river (6)
- 8 This month, uproar in classes (11)
- 14 The Spanish agent's work is stylish (7)
- 15 Time heater's fixed in playroom (7)
- 16 Cutting room worker tried production about love (6)
- 17 Popular room rentals with bays (6)
- 19 Come into hospital clinic with hesitation! (5)
- 21 Gratuities about right for tours (5)

Codeword

Answers on page 16.

		1										
	24		18		26		16		23		9	
10	5	23	4	4	15		14	11 Q	4	5	8	19
	3		15		26		8		23		2	
10	14	16	22		17	18	5	13	20	1	4	8
			8		5		25		2		24	
2	22	6	14	23	17	19		15	2	17	18	19
	2				14		1				14	
23	4	22	26	23		21	26	3	5	16	12	19
	11		13		15		23		15			
11	4	26	23	20	14	19	17		5	25	26	19
	14		2		16		26		3		23	
5	17	2	15	26	23		2	²² В	14	7	14	12
	19		14		7		13		12		19	

A B-C D E F G H I J K L M N O P Q-R S T U V W X Y Z

1	2	3	4	5	6	7	8	9	10	¹¹ Q	12	13
14	15	16	17	18	19	20	21	²² В	23	24	25	26

Friends of Willingham Library Book Quiz

Answers on page 16. The titles of these books are matters of Life and Death. Do you know the authors?

- 1. The Life of Pi
- 2. The Sweet Dove Died
- 3. My Life and Hard Times
- 4. Death Comes to Pemberley
- 5. The Way We Live Now
- 6. Life After Life
- 7. As I Lay Dying
- 8. Reckless: My Life as a Pretender
- 9. Death on the Nile
- 10. A Maze of Death

From the Parish Council

www.willingham-pc.org.uk

The beginning of the year is an appropriate opportunity for a look back at the achievements of 2017 as well as looking forward to what 2018 may bring.

Willingham and Over Boundary

After several delays and postponements, South Cambridgeshire District Council's Civic Affairs Committee has recently recommended a change in the Willingham-Over boundary so that Highgate Business Park will officially be in Willingham. At the time of writing, the final decision based on this recommendation has yet to be made by the District Council, but is due by the end of January.

QEII Field Entrance

The disabled access to the Ploughman Hall and QEII Playing field has often become waterlogged and muddy during periods of heavy rain. With the aid of a grant from South Cambridgeshire District Council's Community Chest, the path has been re-laid with improved drainage. We are pleased to say that, even after the recent very heavy rain, the access way is now much improved.

Second Defibrillator

A second public defibrillator has been purchased and is currently awaiting installation at the library. This, along with the original defibrillator situated at the Pavilion on West Fen Road, will be a vital and reassuring asset for parishioners although of course, we would always hope they are never needed.

New Website

The Council has been working on a new, modern and more userfriendly website. After a longer design period than hoped (we first announced this as 'coming soon' in May 2016), it has now been up and running for a few months. Here you will find details of your councillors, agendas and minutes of meetings, local news items and information. Contact links are also listed, giving details of how to report any issues that may arise for parishioners.

Highways Issues

Whether it be parking, congestion or speeding, many residents have expressed concerns about Highways issues over the last twelve months. The Council share many of these concerns and continue to liaise with County Council Highways and our County Councillor regarding them. In addition to making written and verbal representations to the relevant authorities, the Council has also undertaken some initiatives directly.

Some environmental testing has been carried out along the High Street with the placement of nitrous oxide monitors. The initial readings showed moderately high levels but more importantly, have established a baseline, so that we will in future have objective evidence of any increases in pollution. We have budgeted to continue this testing in 2018 to monitor levels in the village.

Towards the end of 2017, a short trial was carried out using an interactive speed sign on Earith Road. We are currently awaiting the results of the trial and will report on these later.

Parish Council Elections

The four-year term of all serving Councillors will come to an end this year. Existing Councillors are required to step down and, if they wish to, re-stand for appointment or election at the Parish Council elections in May. The elections are due to be held on **3 May** along with District Council elections. If you are interested in becoming a Parish Councillor, or would like further information, please contact the Parish Clerk.

Life in the Old West

The Council has been in discussion with Cambridgeshire ACRE (Action with Communities in Rural England), regarding their 'Life in the Old West' project. The Project has just received initial Lottery funding and aims to improve public understanding of the vulnerable biodiversity in the landscape around the Cambridgeshire Fens' Old West River, whilst developing demonstration sites to showcase new ways of working on the area's community green spaces and ditch network. The project aims to run for around four years and it is hoped that over the next two years, some of the green spaces in the parish may benefit from being included in the project. More information about Cambridgeshire ACRE and their project can be found at: www.newlifeontheoldwest.wordpress.com.

Meeting dates are published on the website, the notice board outside the Public Hall in the High Street, at the library and are listed below. Members of the public are welcome to attend and speak briefly or ask questions. Names will be taken down at the beginning of each meeting, together with the electoral register number to ensure everyone has a fair chance to speak within the allowed time (15 minutes in total for all speakers and 3 minutes maximum per person).

Meeting Dates: 7 **February** and 7 **March**. The meetings are held in the Octagon and start at 7 30 pm.

The Parish Council office is open Monday to Thursday from 10 am to 1 pm, except Bank Holidays and there is an answer-phone service outside office hours.

The contact details are: Parish Council Office, Ploughman Hall, West Fen Road, Willingham CB24 5LP.

Telephone: 01954 261027.

Email: clerk@willinghamparishcouncil.gov.uk

Mrs Mandy Powell Parish Clerk

		Contact Details:	
	Your current Parish Councillo	rs and their contact details (in alphabetical order) are:-	
J Anderson		cllr.anderson@willinghamparishcouncil.gov.uk	01954 203344
D Carlton		cllr.carlton@willinghamparishcouncil.gov.uk	07951 211233
A Cook		cllr.cook@willinghamparishcouncil.gov.uk	01954 260325
S Croft		cllr.croft@willinghamparishcouncil.gov.uk	01954 201829
R Croucher	Parish Council Chairman	cllr.croucher@willinghamparishcouncil.gov.uk	07881 521041
N Harris		cllr.harris@willinghamparishcouncil.gov.uk	07792 611226
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R Tassell	Lead Councillor Halls	cllr.tassell@willinghamparishcouncil.gov.uk	07974 673836
J Watson		cllr.watson@willinghamparishcouncil.gov.uk	01954 200245

Contact Details

WILLINGHAM NEWS January 2018

Willingham Social Club

Welcome to our new steward, Lynne Sadler! Please pop in to say hello.

You may have heard that Mick, our former steward, had to leave suddenly. We would like to thank him for his dedication to the Club and wish him well in the future. During this unstable time, some of the committee members stepped in to cover bar shifts. We would like to say a very big thank you to them, not only for ensuring the Club remained open during the Christmas period, but also because they all decided to make a donation of £200 to the disabled toilet fund, in lieu of the combined wages they would have received.

Events

Saturday 17 February, 8 pm, Eton Rivals



Making their first appearance at the Club, Eton Rivals are a live tribute band playing the music of the classic 2 Tone, Mod Revival, Punk and New Wave years, with a dash of Mod Classics too! The band faithfully reproduces the sounds of The Specials, The Who, The Beat, Madness, The Sex Pistols, The Undertones, The Jam and much more. The band is made up of four highly experienced musicians, brought together by a love of quality music, from a time when being on *Top of the Pops* or *The Old Grey Whistle Test* meant something. Some of our committee members saw them playing to a packed pub and came back knowing that we had to book them for the Club!

Tickets $\pounds 5$ on the door or from the Club.

Charity Lunch

The February Charity Lunch supporting Over Day Centre will be on 17 February at 1 pm at 8A Green Street by Beryl Day.

The lunch consists of soup with bread and cheese. A donation of $\pounds 5$ is suggested. All welcome. There will be no lunch in March.

Friday 23 February, 7 45 pm, Custard Comedy



Our popular Custard Comedy team are back again with headline act, Markus Birdman.

An experienced and versatile comedian, Markus is one of stand-up's most well-travelled comedians, much in demand in the UK and all over the world. He has won many awards and plaudits: 'Birdman is the all-round package: witty, controversial, hip, topical and silly. A master of timing and physical comedy, he made me laugh so hard it hurt', *BBC*.

Abi Roberts is a regular on the stand-up comedy scene and has performed at major venues. 'Raucous and incredibly funny', *The Daily Telegraph*.

Josh Pugh is very funny and does well in competitions with his confident, clever writing and funny voice! Steve Bennett, of <u>www.chortle.co.uk</u>, calls him a 'promising voice' who 'finds laughs in unusual places' whilst *The Londonist* says he's 'pleasingly off the beaten track'. Josh has a unique, interesting style and a very exciting future.

MC Ben van der Veide is a stand-up comedian, actor, improviser and presenter.

Tickets from <u>www.wegottickets.com/event/421670</u> or from the Club, £10 each.

Saturday 24 February, 8 pm, The Meeting Point, Events for Over 30s

These party organisers return to the Club with great music to get everyone dancing! It's the perfect opportunity to make new friends, whether you are a couple or single. Smart dress only. £6 on the door. For more details see www.themeetingpoint.info/whatson.

What's on in March

Saturday 10 March	Soul and Motown Disco.
Saturday 24 March	Jessie's Ghost, Live Band.

Rosie in Stitches

The Friends of the Rosie Hospital raise money to help make the Rosie a more comfortable environment for mothers and babies. For up-to-the minute information, follow Rosie in Stitches' Facebook page.

Upcoming Stall Dates

- Tea Bar, Monday to Friday, 9 am to 4 pm at the Rosie Hospital Outpatient Clinic.
- The Community Market at Bar Hill on **3 February** has been cancelled.

Our Annual General Meeting will be held at the Rosie Hospital on **Monday 5 March** at 12 30 pm.





CHURCH STREET, WILLINGHAM www.willinghamchurch.org Services

4 February

•	
11 00 am	Morning Praise
11 February	
11 00 am	Holy Communion
14 February (We	ednesday)
11 00 am	Ash Wednesday Service
18 February	
11 00 am	Together at 11 – All-Age Service
25 February	
11 00 am	Holy Communion

We have a variety of styles of worship and we hope you will find one that suits you. You will be warmly welcomed whenever you come.

11 am Informal and Child-friendly

Modern worship with Sunday Clubs for children and young people in the Octagon during term-time. Children are always very welcome. An All-Age Service is held on the third Sunday of the month, where the children remain in the service. On fifth Sundays, we join with our sister churches in either Over, Longstanton or Swavesey and worship together.

If you know of anyone who is ill or who for some other reason would like a visit, please let the Vicar know. Furthermore, if you'd like to discuss getting married, or having your child christened, we'd love to talk to you!

Vicar's contact details: Rev Julie Anderson, The Vicarage, Over. 01954 231496.

Admin contact details: Gillian Beal, 01954 203459 or admin@5folds.org.uk.

Events

First Steps – a fun session for pre-school children and their parents or carers. Arrive at 10 am for tea/juice and toast. Free play and chat, followed by story from the Bible, singing and craft activity. Takes place at the Octagon on Fridays during school term time from 10 - 11 15 am.

Messy Church – Church ... but not as you know it! An action packed, informal and fun session for the whole family, with crafts to enjoy, stories to hear and songs to sing, followed by food in the Octagon. Come with your children and enjoy! Next Messy Church is on Saturday 10 February at 3 30 pm. For more information, contact Heather at mellowsfamily@googlemail.com or 01954 270063.

time4T – a friendly get-together that is open to everyone on Fridays 2 – 4 pm in the Octagon. Come and chat and meet new friends. £1 includes tea and biscuits. More information available from Rosemary Woodward, 01954 205718.

Cake Stall and Coffee Morning – at 10 am on **Saturday 3 February**. The cake stall is held in the church porch with proceeds going towards the work and upkeep of St Mary and All Saints. A Coffee Morning (run by Mothers' Union) will also take place in the Octagon at the same time. Come and enjoy!



WILLINGHAM SALVATION ARMY Silver Street, Willingham CB24 5LF 01954 261108

WEEKLY PROGRAMME – EVERYONE WELCOME

Mondays

10 30 am - 12 noon - The Coffee Club

Meet new friends and enjoy chatting over coffee or tea. For those locally who are lonely, retired or people just needing 'a chat'.

2 00 pm – Nimble Fingers Craft Club

Bring your crafts and join with others, or even come and learn new skills – tea, coffee and good company provided.

Thursdays

12 30 pm – Community Luncheon Club

Prior booking essential – Telephone Daphne on 01954 260568.

2 00 pm – Café Worship – Midweek Christian Worship 'Church, but not as you know it.'

Informal worship, with opportunity to reflect and discuss. Tea, coffee, and biscuits are usually served.



CHURCH OF THE SACRED HEART 19 Needingworth Road, St Ives www.sacredheart-stives.org Tel. 01480 462192

Weekend Mass times:

St Ives, Sacred Heart Saturday evening: 5 pm Sunday: 8 and 11 am Bar Hill Church Centre: Saturdays at 6 pm.

Shrove Tuesday

Don't forget your pancakes on Tuesday 13 February!



www.londonbaking.com



Willingham BAPTIST CHURCH George Street, Willingham, Cambridge CB24 5LJ www.willinghambaptist.org and

Services

(**= + activities for children)

4 February

10 30 am BMS Project - Contemporary Worship**

6 00 pm Evening Worship

11 February

10 30 am Gideon - Follow-up - Family Worship**

6 00 pm Evening Worship

18 February

10 30 am Altogether Worship**

6 00 pm Evening Worship

25 February

10 30 am Family Worship** 6 00 pm Evening Worship

Events

TOPS: Toddler group: Tuesdays at 9 45 am for 18 months plus in the church. Great place to meet other families whilst the children enjoy the activities and playing. Currently there is a waiting list. Please contact Hilary Wyllie for further information $-01954\ 260051$.

Little Notes: Thursdays $10 - 11 \ 15$ am. Half an hour of singing with instruments and actions followed by free-play, refreshments and a chance to meet other parents or carers. For all pre-school children aged 1 - 4, with a quieter space set aside for babies under the age of 1. Please contact Sharon Sennitt on 01954 782345 for further information.

Open Door Coffee Morning: Every Wednesday 10 - 11 30 am. This is a chance to chat with old and new friends over tea and coffee. All welcome. Please contact Cynthia Nolan for further information -01954 202240.

Kids' Friday Club: Fridays at $6\ 30 - 7\ 30$ pm in the church for children of primary school age Year 1 upwards. Action packed hour with craft, games, songs, drama all based around a bible story. Please contact Lorraine Bald for further information – 01954 261189.

WBC Youth Club: Fridays 8 - 9 pm in the church for Years 7, 8 and 9. Time to meet friends, music, X Box, table football, pool, joint games, tuck shop and stage time. WBC aims to help children young people and adults consider their own response to the Christian message. More information from Paul Joel 07955 071160.

Men's Breakfast: 17 February -745 am in the Baptist Church for a hearty cooked breakfast followed by a short topical talk. Please contact Pete Sacre for more information -01954261655, sacrepete@yahoo.co.uk.

PASTORAL LETTER



Well that's the end of January 2018; so the question has to be asked – How are we all doing with those New Year Resolutions?

The Diet – Going To Plan? The New Exercise Regime – are we seeing the difference? What about that Work Life Balance?

If we are serious about changing our lives, a well-known leadership expert offers this advice:

'Don't just change enough to get away from your problems – change enough to solve them.

Don't just change your circumstances to improve your life – change yourself to improve your circumstances.

Don't do the same old things expecting different results – get different results by doing something new.

Don't see change as something hard that must be done – see it as something helpful that can be done.

Don't avoid paying the immediate price tag of change – if you do, you'll pay the ultimate price of never improving.

The Bible says, 'When your endurance is fully developed, you will be perfect and complete, needing nothing.' *James* 1:4 NLT.

Life Changes and Character Building are slow processes; don't expect it to be easy. When you try to escape life's difficulties you short-circuit the process, delay your growth and end up with a worse kind of pain – the useless kind that accompanies denial and avoidance.

A letter was once returned to the Post Office and handwritten on the envelope, were these words: 'He's dead.' Due to an oversight, the letter was sent again to the same address. This time it was returned with a note that said: 'He's still dead'!

Let's be honest, most of us don't like change; we do everything in our power to avoid it. We want improvement but we don't want to pay the price that goes with it. And that's a problem, because you'll never become what God intends you to be by remaining what you are.

So as we all continue to embark on the Life Journey of 2018, with our own wishes and wants, let's just pause and reflect: It's not enough to want change and be open to it, you must pursue it!

So Trust Him! Trust In Jesus, the one who knows about the changes that are required in each one of our lives.

Major Graham Barratt Salvation Army Corps Officer for Cottenham and Willingham

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Reception Tel: Willingham 01954 260230 Longstanton 207600 Dispensary 207602

District Nurse Team: 01223 726469 Option 2 Health Visitors: 0300 029 50 50

Out of hours cover: Ring 111

Website: www.willinghammedicalpractice.nhs.uk

Driving with Care: We have recently received complaints about dangerous and inconsiderate driving on the surgery road and in the car park. We would like to remind patients that the road leading to the surgery, and particularly the junction with Long Lane, can be extremely busy with small children on the school run during peak times. Please drive slowly and carefully when entering and leaving the surgery road, and take particular care during busy periods. If you witness anything dangerous, please report the registration number of the vehicle concerned to the Practice Manager. Lucky Squares Total: Thanks again to all who purchased our Lucky Squares and congratulations to those who won prizes. We managed to raise £358 for Magpas this year, exceeding last year's total.

X-rays and Test Results: We would like to remind patients that you need to contact the surgery in order to find out any test results, including blood and urine tests, X-rays and Ultrasounds. Unfortunately, we do not have the capacity to contact patients with their results, even if there is an abnormality. Please contact our receptionists after 11 am for your results, and they can pass on any comments and advice from the GP.

Keeping warm and well this winter: Every winter there are about 25,000 extra deaths caused by cold weather and around 240 of these are in Cambridgeshire alone. Winter conditions are associated with an increase in injuries and illnesses such as heart attacks, strokes and pneumonia. It can be particularly harmful to older people, under 5s or those with a long term health condition such as heart, lung and kidney problems. Keeping warm is an important way to stay well during the winter months.

Top advice to keep warm and well this winter:

- Keep warm and healthy by keeping rooms heated to at least 18°C.
- Don't put off getting the flu vaccination. If you are eligible, get it now. It's free because you need it.
- Look out for friends, relatives and neighbours who may be vulnerable to the cold.
- Stay tuned to the weather forecast and plan ahead with supplies.
- If you meet the criteria, register for priority service with your energy and water suppliers.
- Have regular hot meals and drinks throughout the day and keep active to help you stay warm.
- Get financial support to make your home more energyefficient, improve your heating or help with bills.
- Have your heating and cooking appliances checked regularly.
- Wear a few layers of thin clothing rather than one thick layer and, when you need to go outside, wear shoes with slip resistant, good grip soles.

WILLINGHAM SURGERY NORMAL OPENING HOURS

Monday	8 30 - 1 00	2 30 - 6 00
Appointments	8 30 - 11 00	3 00 - 6 00
Tuesday	8 30 – 1 00	2 00 - 6 00
Appointments	8 30 – 11 00	3 00 - 5 30
Ante Natal/Baby	Clinic	2 00 - 4 00
Wednesday	8 30 - 1 00	2 00 - 7 00
Appointments	8 30 - 11 00	4 30 - 7 00
Thursday	8 30 - 1 00	2 00 - 6 00
Appointments	8 30 - 11 00	3 00 - 5 00
Friday Appointments Emergencies	8 30 - 1 00 8 30 - 11 00	2 00 - 6 00 3 00 - 5 30 4 00 - 6 00

WILLINGHAM PHARMACY Tel: 01954 261787 NORMAL OPENING HOURS

Monday	8 30 - 1 00	2 30 - 6 30
Tuesday	8 30 - 1 00	2 00 - 6 00
Wednesday	8 30 - 1 00	2 00 - 7 00
Thursday	8 30 - 1 00	2 00 - 6 00
Friday	8 30 - 1 00	2 00 - 6 30

Carers' Support Meetings: Our next meetings are at the Surgery on the following Wednesdays: 7 February, 7 March and 4 April at 2 pm.

If you are a carer, please pop along and get some support from other people in the local community. We will put you in touch with other agencies who can advise on benefits and offer support and relief when you most need it. Refreshments provided, no need to pre-book and completely FREE! Please contact Sue Lawson at the Surgery or email her at susan.lawson7@nhs.net for more information.

Cambridgeshire Hearing Clinics: The next Hearing Aid Clinics at the Surgery are on the following Wednesdays: 21 February, 21 March and 18 April at 2 pm. No appointment necessary, just pop along for your free NHS hearing aid batteries and for help and advice regarding hearing loss.

Acknowledgements: We would like to extend our grateful thanks to the family and friends of Mrs E Marsh for their generous donation to our surgery equipment fund, in memory of their loved one who passed away recently.

Sharon Unwin Practice Manager



Young Readers' Corner

Making a Bird Cake

A bird cake is made up of fat, bird seed, peanuts, raisins and other things. It gives the birds much needed energy and helps them to keep warm in the winter months when finding food is more difficult. Keep the birds happy this



winter and learn how to make them a bird cake with these simple instructions.

Time to make: Approximately 20 minutes.

You will need: lard, a mixing bowl, string (50 cm), an empty yogurt pot and scissors. You will also need some or all of the following: bird seed, raisins, grated cheese, dried porridge oats, peanuts (not salted).

- 1. Carefully make a hole through the top of the empty yogurt pot.
- 2. Thread the 50 cm piece of string through the hole and tie a knot.
- 3. Cut the lard into small chunks and place it in the mixing bowl. Leave at room temperature until it softens.



- 4. Add the dry foods to the lard and squash it all together until it is all mixed in. You should be adding about twice the amount of dried food to lard.
- 5. Fill the yogurt pot with the mixture and put in the fridge to set.
- 6. Once set, you can hang the bird cake on a tree, climbing frame or somewhere else the birds might visit.



7. Why not make a record of what sort of birds eat the cake? You may even get a squirrel!

www.kidspuzzlesandgames.co.uk

It would be lovely to receive a report or photo of birds (or squirrels!) on your bird cake. The Editors

The Cambridge Stroke Group

The Cambridge Stroke Group is a support group for all stroke survivors in Cambridgeshire. The group, a small charity run entirely by volunteers, was created by the amalgamation of Different Strokes in Cambridge and The Stroke Association to help provide a comprehensive support group for all those, of any age, who have had a stroke.

The group provides support and a lifeline to its members, helping to transform their lives and speed up recovery after a stroke by gaining independence, establishing new friendships and experiencing new activities.

The aim of the group is to provide a meeting place in a friendly and caring environment for people who have had a stroke, their families, carers and friends. It is a place away from the hospital that offers emotional and social support and a chance to meet others who have also experienced the potentially devastating effects of having had a stroke.

Our drop-in meetings are calm, friendly and informal and everyone is welcome to pop in for a cup of tea or coffee and a chat.

We meet every Thursday afternoon between 1 - 4 pm at the David Rayner Centre, Scotsdales Nursery and Garden Centre, 120 Cambridge Road, Great Shelford, CB22 5JT.

For further information, please email us at info@cambridgestrokegroup.co.uk, visit our website at <u>www.cambridgestrokegroup.co.uk</u> or alternatively, ring Helen Long on 07540 513225.

Royal British Legion Poppy Appeal

In 2017, the Poppy Appeal in Willingham raised \pounds 1,926.45. Many thanks to everyone who kindly donated, our street collectors and the business and office premises who held the static collection trays. If anyone else would like to help us with the 2018 Poppy Appeal, please contact me at the Post Office.

Graham Atherton Poppy Appeal Organiser

Crossword Answers:

Across: 1 Nearby, 4 Lesser, 9 Captain, 10 Tramp, 11 Speak, 12 Trapped, 13 Destruction, 18 Deepest, 20 Eaten, 22 Toast, 23 Outline, 24 Retire, 25 Verses.

Down: 1 Nicest, 2 Apple, 3 Blanket, 5 Extra, 6 Shampoo, 7 Rapids, 8 Instruction, 14 Elegant, 15 Theatre, 16 Editor, 17 Inlets, 19 Enter, 21 Trips.

Answers to FOWL quiz: 1 Yann Martel, 2 Barbara Pym, 3 James Thurber, 4 P D James, 5 Anthony Trollope, 6 Kate Atkinson, 7 William Faulkner, 8 Chrissie Hynde, 9 Agatha Christie, 10 Philip K Dick.

Codeword Answers:

Codeword miswers.												
¹ F	² 0	³ Z	⁴ U	⁵ A	⁶ J	⁷ Y	⁸ L	٩	10 V	¹¹ Q	12 D	¹³ N
¹⁴ E	¹⁵ M	¹⁶ R	¹⁷ T	¹⁸ H	¹⁹ S	²⁰ K	21 W	²² В	²³ C	²⁴ G	²⁵ X	26

Willingham Library

www.cambridgeshire.gov.uk/library 0345 0455225

Opening Hours	\$	
Monday	Closed	
Tuesday	10 am – 1 pm	2 – 5 pm
Wednesday	Closed	-
Thursday		4 – 7 pm
Friday	10 am – 1 pm	
Saturday	10 am – 1 pm	

Library News

Engage in the Afternoon

Special sessions for adults on the first Wednesday of each month from 2 to 3 30 pm. There are speakers, tea/coffee/biscuits and a chance to change books.

Wednesday 7 February – Linda Bridewell – Dealing with Hearing Loss

Why not join us? You will be very welcome in our friendly group. It's fun and free!

Donations are welcomed towards refreshments.



LITTLE LAB OF SCIENCE

Monday 5 February – Little Lab of Science –

11am – 12 noon.

A free event for children aged 2 - 5 providing a welcoming environment for pre-schoolers to explore and discover the world around them through fun hands-on activities, experiments and investigations.

Tickets are FREE but need to be booked at the library and parents/carers must remain with children.

New Self-Service Machine

New self-service machines are being rolled out across libraries in Cambridgeshire and our library is expecting to be equipped by the end of January. This will not cause any service disruption.

The existing machines are being replaced as they are reaching the end of their useful life. The new machines will accept notes and new £1 coins and will allow card payments in the near future.

Library Website

Why not visit our website at <u>www.cambridgeshire.gov.uk/</u><u>libraries</u> and browse through our on-line services. You'll be surprised at the variety of information there and also how much of it is accessible to library members at home.

Book Review

For my birthday last year, my husband bought me a year's fiction paperback subscription from a London bookshop and it has turned out to be a wonderful gift. At the beginning, I visited the bookshop and chatted to them about the kind of books I like and now, each month, I receive a book they have chosen for me through the post. They are wrapped in brown paper and tied up with string which strangely makes it more exciting – I'm not quite sure why! There was a bit of a hiccup the first month, when they sent a book I had already read, but when I let them know they immediately sent me another book and a postage-paid envelope to return the unwanted one. Since then every book has been a gem. I am in regular contact with the shop by email to let them know what I think of each book, as that helps them in future choices. Below is a short review of one of the books I have enjoyed most:

Homegoing by Yaa Gyasi

The book is about an African family descending from two sisters who were born in the 1760s. One is sold into slavery and the other marries a slave trader. The chapters bear the names of one person from each generation and alternate between Effia and Esi's family line. There is a family tree at the beginning, which helps to show where each character is placed within the whole family. The book is harrowing in parts with graphic descriptions of the treatment of slaves but the cruelty and injustice of what happens to these people is still relevant today. The characters are beautifully drawn and completely convincing. It's one of those books which starts to interfere with your day-to-day life because you can't put it down. I wholeheartedly recommend it.

Wendy Law

If you have enjoyed a book or seen a good film recently, why not send us a review? The Editors

Readers' Letters

The views expressed in Readers' Letters are not necessarily those of the editorial team.

Christmas Reindeer

Thank you to everyone who purchased Christmas reindeer in December raising £111.05. The money has been donated to a fund for Thomas, who has cerebral palsy, so that he may have an operation which will help him to walk.

Steve and Sue Chambers

Response to County Councillor's Report, Willingham News, January 2018

Has Councillor Tim Wotherspoon recently arrived from another planet? The A10 has needed to be a dual carriageway for the last 20 years, as anyone who has been in the queue from Ely to Milton would know, without a 'study'. He also insults our intelligence with talk of a bypass for Willingham, which will never happen in our lifetimes, and is just an excuse to do nothing. Ban HGVs on the B1050 to prevent further damage to the road and our properties, enforce the ban on construction traffic laid out in the planning permission for Northstowe and the A14 and show us a Council that cares about its residents and doesn't bow down to developers and big business.

Bruce Robjent



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Swavesey Camera Club One of the leading clubs in East Anglia

of all standards. Whether yours is a basic compact camera or the latest digital SLR, our programme is designed to help you get the best out of it.

Some of our meetings are instructional and some are meant to inspire, with the opportunity to listen to and meet accomplished local and national photographers and to look at some great images. One way we share our own work with other members is via our programme of competitions, where independent judges provide a useful and always constructive commentary on the pictures entered. We also have a public exhibition with free entry in Spring each year, when all members are invited to contribute their work.

Come along and try us out!

We charge a nominal guest fee of $\pounds 4$ per meeting. If you decide to join the club, any guest fees you have paid during the season will be offset against your annual fee. The full annual subscription this season is $\pounds 63$ (Concessions $\pounds 50$, Youth membership $\pounds 17$).

The Club meets in the 'Global Environment Centre' at Swavesey Village College every Thursday, 7 30 - 9 30 pm during term time.

For further information and to see some of our members' photos check out our website: <u>www.swavesey</u> <u>cameraclub.co.uk</u>.

Richard Harrison Swavesey Camera Club President Email: richardharrison340@gmail.com



Gentoo Penguins © Nev Tait



Serenity © Lynn Kisielowski



		WHAT'S ON		
DATE	EVENT	ORGANISATION	VENUE	EXTRA INFO
Sat 3 Feb	Cake Stall	Parish Church	Parish Church Porch	10 am, see p12
Sat 3 Feb	Coffee Morning	Mothers' Union	Octagon	10 am, see p12
Sun 4 Feb	Jazz Club	Social Club	Social Club	12 30 - 3 30 pm willinghamsocialclub.com
Mon 5 Feb	Little Lab of Science	Library	Library	11 am – 12 pm, see p17
Mon 5 Feb	Britain's Wonderful Wildlife with Richard Revels	Gardening Club	Social Club	7 30 pm, see see p7
Wed 7 Feb	<i>Dealing with Hearing Loss</i> With Linda Bridewell	Engage in the Afternoon	Library	2 – 3 30 pm, see p17
Wed 7 Feb	Carers' Support Meeting	Surgery	Surgery	2 – 4 pm, see p15
Wed 7 Feb	Parish Council Meeting	Parish Council	Octagon	7 30 pm, see p10
Thu 8 Feb	Willingham News Deadline	Willingham News		See p3, articles to be sent to: willinghamnews@gmail.com
Sat 10 Feb	Messy Church	Christians Together	Parish Church & Octagon	3 30 – 5 pm, see p12
Mon 12 Feb	<i>Stage Makeup</i> with Christine Clarke	Women's Institute	Social Club	7 30 pm, see p7
Sat 17 Feb	Breakfast and Topical Talk	Men's Breakfast	Baptist Church	7 45 am, see p13
Sat 17 Feb	Charity Lunch	For Over Day Centre	8A High Street	1 pm, see p11
Sat 17 Feb	Eton Rivals, Live Band	Social Club	Social Club	8 pm, see p11
Mon 19 Feb	Assignment: Love Talk: <i>The Magic Three</i> with Francis Pullen	Photography Club	Baptist Church	8 – 10 pm, see p5
Wed 21 Feb	Hearing Aid Clinic	CAMTAD	The Surgery	2 – 4 pm, see p15
Fri 23 Feb	Custard Comedy	Social Club	Social Club	7 45 pm, see p11
Sat 24 Feb	Meeting Point Disco for Over 30s	Meeting Point	Social Club	8 pm, see p11
Mon 26 Feb	Willingham Jam Club	Social Club	Social Club	7 30 pm, see Jan issue

Please could all our clubs and groups ensure that they let us know of any changes of their details for the Directory and keep us informed of their events in 2018 for *What's On*.

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VILLAGE DIRECTORY

Please notify Willingham News of any changes

Council	Parish Council (See full details on page 10)		01954 261027
	County Councillor		hy.wotherspoon@cambridgeshire.gov.uk
	District Councillor	Mr R Manning	01954 261235
	District Councillor	Mr B R Burling	01954 230168
	District Councillor	Mrs P S Corney	01954 213221
Services	Police		101
	Surgery		01954 260230
	Dispensary for repeat prescription requests		01954 207602
	Library		0345 045 5225
	Pharmacy		01954 261787
	Over Surgery		01954 231550
	Urgent Care Cambridgeshire		111
Schools	Primary School	Mr Dave Morel	01954 283030
	Willingham Out Of School Club (3–6 pm only)	Mr D Carminati	01954 283033
	School Governors Chairman	Caroline Hyde	Chair@Willingham.cambs.sch.uk
	School Association	c/o school	01954 283030
	British School Trust	Ray Croucher	01954 261113
Children	Beavers, Cubs and Scouts	Mrs M Dellar	01954 260045
Cilitaren	Honeypot Pre-School (term-time only)	Mrs Kate Van Dort	01954 201567
	Koala Kidz	Mrs Edith Jeffrey	01954 260046
			01954 260040
	Guides and Rangers	Lynn McGoff	
	Ladybird Borland's School Of Dance	Mrs L Borland	01954 203347
	Bubbles/Messy Church	Heather Mellows	01954 270063
	TOPS (Baptist Church Toddlers Group)	Hilary Wyllie	01954 260051
	Little Notes Music Group (0-4 years)	Sharon Sennitt	01954 583195
	Kids' Friday Club (Baptist Church)	Lorraine Bald	01954 261189
Halls	Ploughman Hall Bookings	through Parish Council	01954 261027
	Wilford Furlong Centre		01954 261445
	The Octagon	Gillian Beal	admin@5folds.org.uk
	Baptist Bookings and Rentals	Emma Launchbury	01954 263108
	Salvation Army Hall Bookings	-	01954 260538 / 01954 252419
	Willingham Social Club Bookings	Lynne Sadler	01954 260557
	5	,	willinghamsocialclub@gmail.com
	Willingham Youth Centre bookings	emai	il: enquiries@willinghamyouthtrust.org
Local	Allotments	Sue Ayling	01954 260718
Representatives	Billavincea Lodge 8719	Mr M Scrivener	01480 413533
itepi esentuari es	Fen Edge Community Association	Eileen Wilson	chair@fenedge.co.uk
	Over & District Royal British Legion	Andrea Rusted	01223 562844
	Willingham Action Group (WAG)	Mike Tidball	01954 260647
		Kassia Bunnett	
	Willingham Combined Charities	Rassia Dunnett	k.bunnett@googlemail.com 07969 541095
	Workers' Educational Association	December Mumford	
		Rosemary Mumford	01954 260934
	Willingham RBL Poppy Appeal Organiser	Graham Atherton	01954 260331
	Willingham Bee Group Chairman	Steve Smith	07795 215071
Clubs	Gardening Club	Mrs C Bailey	01954 260794
	Willingham Social Club	Lynne Sadler	01954 260557
			willinghamsocialclub@gmail.com
	Willingham Jam Club	Julian Eales	01954 201818
	Willingham Photography Club	Christopher Cross	01954 260790
	Willingham Walkers	Mike Tidball	01954 260647
	Willingham Youth Club	Pete Lawrence	enquiries@willinghamyouthtrust.org
	Women's Institute	Wendy Law	01954 202188
	Women's Royal British Legion	Mrs M Few	01954 260124
Sport	Angling		www.histonangling.org.uk
1	Badminton	Sarah Custance	01954 202005
	Bowls Club	Terry Buckley	terry.buckley@virginmedia.com
	Cricket Club	Mr R Ambrose	01954 260446
	Cycling Club – www.willinghamwheels.com	Paul Knighton	07787 530394
	Ladies' Hockey	Teresa Hutchcraft	01954 260177
	Tennis Club	John Graham	01954 231968
		Emma Byrom	01954 201968
	Willingham Diamonds Netball Luib	Emma DVIOIII	
	Willingham Diamonds Netball Club Willingham Pupping Club	-	
	Willingham Running Club	Gerry Mears	07511 131645
	Willingham Running Club Willingham Sports Pavilion	Gerry Mears through Parish Council	07511 131645 01954 261027
	Willingham Running Club Willingham Sports Pavilion Willingham Wolves (Boys & Girls Football)	Gerry Mears through Parish Council Jamie Smith (Sec)	07511 131645 01954 261027 01954 261141
Churches	Willingham Running Club Willingham Sports Pavilion Willingham Wolves (Boys & Girls Football) Mothers' Union (Branch Leader)	Gerry Mears through Parish Council Jamie Smith (Sec) Mrs S Hayden	07511 131645 01954 261027 01954 261141 01954 260363
Churches	Willingham Running Club Willingham Sports Pavilion Willingham Wolves (Boys & Girls Football) Mothers' Union (Branch Leader) Baptist Church	Gerry Mears through Parish Council Jamie Smith (Sec) Mrs S Hayden Rev Paul Joel	07511 131645 01954 261027 01954 261141 01954 260363 01954 260538
Churches	Willingham Running Club Willingham Sports Pavilion Willingham Wolves (Boys & Girls Football) Mothers' Union (Branch Leader) Baptist Church Methodists (Ministerial Contact)	Gerry Mears through Parish Council Jamie Smith (Sec) Mrs S Hayden Rev Paul Joel Rev Simon Oliver	07511 131645 01954 261027 01954 261141 01954 260363 01954 26038 07554 202929
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